

feed **A CROWD**

FAMILY MEALS

8 TENDERS serves 4

2 LARGE SIDES & 4 BISCUITS

\$29.99 3700-7460 CAL

CHICKEN ONLY **\$18.99** 2170 CAL

8 FISH FILLETS serves 4

2 LARGE SIDES & 4 BISCUITS

\$39.99 4310-8070 CAL

FISH ONLY **\$26.99** 2780 CAL

8 MIXED CHICKEN serves 4

2 LARGE SIDES & 4 BISCUITS

\$29.99 5030-8790 CAL

CHICKEN ONLY **\$16.99** 3500 CAL

12 TENDERS serves 6

3 LARGE SIDES & 6 BISCUITS

\$45.99 5550-11200 CAL

CHICKEN ONLY **\$26.99** 3250 CAL

12 FISH FILLETS serves 6

3 LARGE SIDES & 6 BISCUITS

\$59.99 6470-12110 CAL

FISH ONLY **\$39.99** 4160 CAL

12 MIXED CHICKEN serves 6

3 LARGE SIDES & 6 BISCUITS

\$39.99 7550-13190 CAL

CHICKEN ONLY **\$23.99** 5250 CAL

DIPPING SAUCE

Buffalo 50 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

\$.79 /ea.

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



Duck Thru #46

948 North Hwy 64-264
Manteo, NC 27954
(252) 473-2977



box
includes
1 Regular Side
& **Dipping Sauce**

SIDES

Regular **\$2.79** | Large **\$5.99**

Battered Fries 330/1000 cal
Mac & Cheese 190/580 cal
Mashed Potatoes 170/530 cal
Sweet Corn 210/630 cal
Green Beans 60/190 cal
Cinnamon Apples 220/650 cal
Hushpuppies 690/2070 cal

make it a **big box** **\$2⁵⁰**
Add 1 Reg. Side Item & Biscuit
350-980 cal



CHICKEN boxes

1

3 PC Tenders

Box \$8.99 590-1410 cal
Chicken Only \$7.29 700 cal



2

8 PC Dippers

Box \$7.69 510-1320 cal
Chicken Only \$5.69 620 cal

3

Livers OR Gizzards

Box \$6.99 620-1440 cal
Chicken Only \$4.49 740 cal

MIXED (1 BREAST MAX)

4

2 PC Chicken

Box \$8.29 1150-2220 cal



5

1 pc FISH

Box \$6.49 350-1160 cal
Fish Only \$4.49 460 cal

6

6 pc SHRIMP

Box \$9.49 520-1330 cal
Shrimp Only \$6.99 630 cal



SEAFOOD boxes

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

	SNACK + PROTEIN LUNCH/DINNER + FAMILY MEALS + NEW GRAPHICS																						
	NUTRITIONAL INFORMATION												ALLERGEN INFORMATION										
	Item Description	Calo (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
VALUE SNACKS	3 Chicken Tenders Meal	590 - 1410	25 - 97	5 - 16	0	115 - 160	2140 - 3660	36 - 107	< 1 - 4	1 - 44	0 - 31	42 - 50	x		x	x		x	x	x		x	
	8 pc. Chicken Dipper Meal	510 - 1320	20 - 91	3.5 - 15	0	120 - 165	1820 - 3340	28 - 99	< 1 - 4	< 1 - 44	0 - 31	42 - 50	x		x	x		x	x	x		x	
	Livers or Gizzards Meal	620 - 1440	27 - 101	6 - 19	0 - 0.5	500 - 875	1640 - 4180	32 - 110	< 1 - 4	< 1 - 44	0 - 31	43 - 53	x		x	x		x	x	x		x	
	2 pc. Chicken Meal (Breast/Wing Image)	1150 - 2220	73 - 162	20 - 35	0	245 - 355	2610 - 4470	37 - 108	1 - 4	1 - 44	0 - 31	67 - 92	x		x	x		x	x	x		x	
	1 pc. Fish Fillet Meal	350 - 1160	17 - 89	4 - 15	0	40 - 85	1340 - 2860	19 - 90	0 - 3	< 1 - 44	0 - 31	17 - 25	x	x	x	x		x	x	x		x	
	6 pc. Shrimp Meal	520 - 1330	28 - 99	6 - 17	0 - 0.5	10 - 55	1390 - 2900	43 - 114	1 - 4	9 - 52	< 1 - 32	14 - 22	x		x	x	x	x	x	x		x	
	Dipper Bowl	630	30	14	0	90	1540	46	4	12	5	31			x			x		x		x	
PROTEIN ONLY	3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x		x					x		x	
	8 pc. Chicken Dippers	620	40	6	0	130	1940	25	< 1	3	2	42	x		x					x		x	
	Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x					x		x	
	1 pc. Fish Fillet	460	37	7	0	50	1460	17	< 1	3	2	17	x	x	x							x	
	6 pc. Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x		x		x			x		x	
ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	350 - 980	18 - 64	9 - 17	0	0 - 25	1090 - 1820	40 - 94	< 1 - 3	3 - 30	< 1 - 19	4 - 12	x		x	x		x	x	x		x	
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x		x	
	Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x		x					x		x	
	Mashed Potatoes & Gravy	170	8	7	0	20	540	6	1	2	< 1	3			x					x		x	
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3						x		x		x	
	Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2											
	Cinnamon Apples	220	10	3.5	0	< 5	110	33	< 1	27	18	0						x					
	8 pc. Hushpuppies	690	50	9	0	< 5	830	59	0	16	13	5	x		x	x		x	x	x			
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8								x		x	
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x					x		x	
	Mashed Potatoes & Gravy	530	26	23	1	60	1680	17	4	5	2	10			x					x		x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10						x		x		x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5											
	Cinnamon Apples	650	31	11	0	15	330	100	3	80	53	1						x					
	24 pc. Hushpuppies	2070	150	26	0.5	10	2500	176	0	48	39	15	x		x	x		x	x	x			
OWS ONLY	1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	0	14			x					x		x	
	1 pc. Shrimp	70	4	1	0	0	170	6	0	1	0	2					x			x		x	
	1 pc. Buttermilk Biscuit	290	14	8	0	0	980	35	< 1	3	< 1	4			x			x		x			
	Small Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x					x		x	
	Large Livers or Gizzards	990 - 1000	59 - 62	10 - 13	0	760 - 1250	2380 - 3920	42 - 53	1 - 2	3 - 4	2	64 - 67	x		x					x		x	
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x										
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x		x								
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x		x							x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0											
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0											
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x										
FAMILY MEALS	8 pc. Tenders Family Meal	3700 - 7460	229 - 507	64 - 108	0.5 - 2	350 - 510	11280 - 15650	251 - 586	7 - 22	26 - 185	12 - 119	131 - 178	x		x	x		x	x	x		x	
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x		x					x		x	
	12 pc. Tenders Family Meal	5550 - 11200	344 - 761	96 - 162	1 - 3	520 - 760	16920 - 23470	377 - 879	11 - 33	39 - 277	19 - 178	197 - 267	x		x	x		x	x	x		x	
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x		x					x		x	
	8 pc. Fish Family Meal	4310 - 8070	282 - 561	78 - 121	0.5 - 2	370 - 530	14320 - 18680	275 - 610	8 - 23	26 - 185	12 - 119	150 - 197	x	x	x	x		x	x	x		x	
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x							x	
	12 pc. Fish Family Meal	6470 - 12110	424 - 841	116 - 182	1 - 3	555 - 795	21470 - 28030	413 - 916	12 - 34	39 - 277	19 - 178	225 - 296	x	x	x	x		x	x	x		x	
	12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x							x	
	8 pc. Mixed Chicken Family Meal	5030 - 8790	314 - 592	102 - 146	0 - 1.5	840 - 1000	12950 - 17320	278 - 613	8 - 22	17 - 175	4 - 110	251 - 298	x		x	x		x	x	x		x	
	8 pc. Mixed Chicken Only	3500	236	62	0	840	8360	122	4	3	0	232			x					x		x	
	12 pc. Mixed Chicken Family Meal	7550 - 13190	471 - 888	154 - 219	0 - 2	1260 - 1500	19420 - 25980	418 - 920	12 - 33	25 - 263	6 - 165	377 - 447	x		x	x		x	x	x		x	
	12 pc. Mixed Chicken Only	5250	354	94	0	1260	12540	182	6	5	0	349			x					x		x	

***PLEASE NOTE:**
 While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 5/28/2025