

FAMILY MEALS

	FRIED CHICKEN	CHICKEN TENDERS	FISH FILLETS
8 PIECE [SERVES 4]			
w/ 2 Large Sides & 4 Biscuits	\$25.99 4780-6680 cal	\$25.99 3440-5340 cal	\$29.99 4050-5940 cal
8 piece only	\$15.99 3500-3510 cal	\$15.99 2160-2170 cal	\$19.99 2780 cal
12 PIECE [SERVES 6]			
w/ 3 Large Sides & 6 Biscuits	\$35.99 7170-10020 cal	\$35.99 5160-8000 cal	\$41.99 6080-8920 cal
12 piece only	\$22.99 5250-5260 cal	\$22.99 3240-3250 cal	\$28.99 4160 cal

TAKEOUT

Mehu



ARE YOU 100% SATISFIED?



GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!

www.ChampsChicken.com/connect

JOIN CHAMPS CHICKEN TO SUPPORT



TEXT HERO TO 28748

Debs Mini Mart #1

91 North Hwy 9, - Mill Spring, NC 28756
(828) 894-3939

Debs Mini Mart #3

3697 Chesnee Hwy - Chesnee, SC 29323
(864) 578-9858

Each Champs Chicken location is independently owned & operated.
For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

FAVORITES

A MEAL INCLUDES

2 SIDES & SAUCE



1 CHICKEN SANDWICH

w/Fries **\$7.99** 860-1050 cal

Sandwich Only \$5.79 700 cal



2 2 PC. TENDERS

Meal **\$8.49** 480-1230 cal

Chicken Only \$3.99 540 cal



3 3 PC. TENDERS

Meal **\$9.99** 640-1390 cal

Chicken Only \$5.79 700 cal



4 8 PC. DIPPERS

Meal **\$8.49** 560-1300 cal

Chicken Only \$3.99 620 cal



5 1 PC. FISH

Meal **\$7.79** 400-1140 cal

Fish Only \$3.29 460 cal



WHITE, DARK, OR MIXED
(1 BREAST MAXIMUM)

6 2 PC. CHICKEN MEAL

Meal **\$9.49** 1220-2200 cal

Chicken Only \$4.99 1130-1370 cal

SIDE ITEMS

French Fries	330/1000 cal
Potato Wedges	370/1100 cal
Mac & Cheese	190/580 cal

INDIVIDUAL	FAMILY
\$2.29	\$5.99

Mashed Potatoes	170-180/510-560 cal
Green Beans	60/190 cal
Sweet Corn	210/630 cal

BY THE PIECE

Chicken Tender	\$2.09	160 cal
Fish Fillet	\$3.29	280-470 cal
Chicken Breast	\$3.49	820-830 cal
Chicken Thigh	\$2.49	470 cal
Chicken Leg	\$1.79	230 cal
Chicken Wing	\$1.39	230 cal

DIPPING SAUCE

\$0.59 /ea.

Buffalo Sauce	50 cal
Cocktail Sauce	60 cal
Honey Mustard	190 cal
Ranch Dressing	240 cal

Sassy Sauce	220 cal
Sweet & Sour	60 cal
Sweet N' Smokey BBQ	70 cal
Tartar Sauce	160 cal

SMART LUNCH/DINNER WITH SANDWICH DEB#1

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION										
Item Description	Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shell Fish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
VALUE MEALS	Premium Chicken Sandwich & French fries	860-1050	33-59	7-11	0	85-100	2420-3330	90-108	2-3	8-25	7-20	x	x				x	x	x	x			
	2 Chicken Tenders Meal	480-1230	22-83	5-21	0-0.5	80-150	1780-4300	30-105	<1-6	1-37	0-23	x	x				x	x	x	x			
	3 Chicken Tenders Meal	640-1390	29-91	6-23	0-0.5	115-190	2380-4980	40-115	<1-7	1-37	0-23	x	x				x	x	x	x			
	8 pc. Chicken Dipper Meal	560-1300	23-85	5-21	0-0.5	120-195	2050-4580	32-107	<1-6	1-37	0-23	45-59	x	x				x	x	x	x		
	1 pc. Fish Fillet Meal	400-1140	21-83	6-22	0-0.5	40-115	1570-3900	24-98	0-6	<1-37	0-23	19-33	x	x	x			x	x	x	x		
	2 pc. Chicken Meal (Breast/Wing Image)	1220-2200	78-156	21-42	0-0.5	245-380	2860-5820	41-116	1-7	1-37	0-23	71-100	x	x				x	x	x	x		
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90-95	2040-2150	59	2	10	9	35	x	x				x	x	x	x		
	2 pc. Chicken Tenders	540	38	6	0	85-90	1670-1860	23-24	<1-1	3	2	28	x	x				x	x	x	x		
	3 pc. Chicken Tenders	700	45	7	0	125-130	2260-2540	33-34	1	3	2	42	x	x				x	x	x	x		
	8 pc. Chicken Dippers	620	40	6	0	130	1940-2140	25	<1-1	3	2	42	x	x				x	x	x	x		
	1 pc. Fish Fillet	460	37	7	0	50	1460	17	<1	3	2	17	x	x	x							x	
	2 pc. Chicken (Breast/Wing Image)	1130-1370	71-88	19-23	0	245-310	2810-3580	45-47	1-2	1	0	70-85	x	x				x	x	x	x		
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x	x		
	Potato Wedges "Classic"	370	15	2.5	0	0	230-240	26	2	<1	0	3	x						x	x	x		
	Macaroni & Cheese	190	9	6	0	25	840	19	<1	2	0	8	x	x							x	x	
	Mashed Potatoes & Gravy	170-180	7-8	7-8	0	15	800-940	6-9	1	2-3	0	3			x				x	x	x	x	
	Green Beans	60	3.5	1.5	0	<5	530	5	1	2	0	2											
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3							x	x	x	x	
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	<1	0	8								x	x		
	Potato Wedges "Classic"	1100	44	8	0	0	640	77	6	3	0	9	x	x					x	x	x		
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x	x							x	x	
	Mashed Potatoes & Gravy	510-560	23-26	23	0.5	40-45	2460-2890	19-26	4-5	5-8	0	9-10			x				x	x	x	x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5									x	x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10									x	x	
BY THE PIECE	1 pc. Chicken Tender	160	7	1	0	40	590-680	10	0	0	0	14	x	x					x	x	x		
	1 pc. Fish Fillet	280-470	14-39	3-7	0	40-60	1230-2020	14-32	0-1	0-17	0-13	16-17	x	x	x					x	x	x	
	1 pc. Chicken Breast	820-830	55-56	15	0	195	1980-2260	29-31	<1-1	<1	0	54	x	x					x	x	x		
	1 pc. Chicken Thigh	470	32	8	0	115	1150-1290	15	0-1	0	0	31	x	x					x	x	x		
	1 pc. Chicken Leg	230	16	4.5	0	60	530-590	6-7	0	0	0	16	x	x					x	x	x		
	1 pc. Chicken Wing	230	15	4	0	55	560-640	8	0	0	0	15	x	x					x	x	x		
FAMILY MEALS	8 pc. Tenders Family Meal	8440-5340	229-339	64-98	0.5-2	350-515	11640-16390	250-435	7-22	26-84	12-40	137-178	x	x					x	x	x	x	
	8 pc. Chicken Tenders Only	2160-2170	152	24	0.5	350-355	6690-7430	92-94	3-4	12-13	8	112	x	x					x	x	x		
	12 pc. Tenders Family Meal	5160-8000	344-509	96-147	1-3	520-775	17460-24580	375-650	11-34	39-126	19-60	205-267	x	x					x	x	x	x	
	12 pc. Chicken Tenders Only	3240-3250	227-229	36	1	520-530	10040-11140	137-141	5-6	19	13	168	x	x					x	x	x		
	8 pc. Mixed Chicken Family Meal	4780-6680	315-425	103-137	0-1	845-1015	13370-18500	276-461	8-23	17-74	4-32	258-299	x	x					x	x	x	x	
	8 pc. Mixed Chicken Only	3500-3510	237-238	63	0	845-855	8420-9540	118-122	4-5	3	0	233	x	x									
	12 pc. Mixed Chicken Family Meal	7170-10020	472-637	154-205	0-2	1265-1520	20060-27750	414-691	12-35	25-112	6-48	387-449	x	x					x	x	x	x	
	12 pc. Mixed Chicken Only	5250-5260	355-357	94	0	1265-1280	12640-14310	176-183	6-8	5	0	349-350	x	x					x	x	x		
	8 pc. Fish Family Meal	4050-5940	282-391	78-112	0.5-2	370-530	14670-18680	277-458	8-23	26-84	12-40	156-197	x	x	x				x	x	x	x	
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x							x	
	12 pc. Fish Family Meal	6080-8920	424-587	116-167	1-3	555-795	22010-28030	415-686	17-34	39-125	19-60	235-296	x	x	x					x	x	x	
	12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x							x	
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	<1	8	7	<1								x	x		
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x										
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	<1	x	x									
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	<1	x	x								x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0											
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	<1	17	13	0											
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x										

*PLEASE NOTE:

While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 3/6/2025