

feed **A CROWD**

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS

2 LARGE SIDES & 4 BISCUITS

\$28.99 4360-6630 CAL

CHICKEN ONLY **\$15.99** 2170 CAL

8 PC FISH FILLETS

2 LARGE SIDES & 4 BISCUITS

\$34.99 4970-7240 CAL

FISH ONLY **\$23.99** 2780 CAL

12 PC TENDERS

3 LARGE SIDES & 6 BISCUITS

\$40.99 6540-9950 CAL

CHICKEN ONLY **\$22.99** 3250 CAL

12 PC FISH FILLETS

3 LARGE SIDES & 6 BISCUITS

\$53.99 7450-10860 CAL

FISH ONLY **\$35.99** 4160 CAL

DIPPING SAUCE

\$.69 /ea.

Buffalo Sauce 50 cal

Cocktail Sauce 60 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

ARE YOU 100% SATISFIED?



GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!

www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



Dad's Travel Centers

3607 North Yellowstone
Idaho Falls, ID 83401

(208) 227-9569



box
includes
French Fries
& **Sassy Sauce**

*side substitution, add \$.30

SIDES

Classic Regular **\$2.49** | Large **\$5.29**

French Fries 330/1000 cal

Potato Wedges 260/780 cal

Premium Regular **\$2.79** | Large **\$5.79**

*Mac & Cheese 190/580 cal

*Mashed Potatoes 170-180/510-560 cal

*Sweet Corn 210/630 cal

*Hushpuppies 550/1650 cal

make it a **big box** add **\$3.00**

Add 1 Reg. Side Item & Biscuit

460-840 cal

CHICKEN boxes

1

THE REAL CHAMP

Box \$7.79 1030 cal
Sandwich Only \$5.79 700 cal



2

2 PC Tenders

Box \$6.49 880 cal
Chicken Only \$4.49 540 cal

3

3 PC Tenders

Box \$8.29 1040 cal
Chicken Only \$6.29 700 cal

4

8 PC Dippers

Box \$6.99 950 cal
Chicken Only \$4.99 620 cal



dipper **BOWL** **\$6.99**
630-640 cal

DIPPERS • MASHED POTATOES • CORN • GRAVY • CHEESE



SEAFOOD boxes

5

1 pc FISH

Box \$5.79 790 cal
Fish Only \$3.79 460 cal

6

6 pc SHRIMP

Box \$8.69 970 cal
Shrimp Only \$6.69 630 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.



Your Morning breakfast *Never Looked* **SO GOOD**

**BREAKFAST
SERVED
UNTIL 10 A.M.**



1 Sausage Biscuit

w/ Egg & Cheese **\$3.49** 610 cal
No Egg & Cheese **\$2.49** 470 cal



2 Bacon Biscuit

w/ Egg & Cheese **\$3.49** 470 cal



3 Ham Biscuit

w/ Egg & Cheese **\$3.49** 480 cal



4 Biscuits & Gravy

Full Order **\$4.49** 750 cal
Half Order **\$2.99** 380 cal



5 3 Meat Biscuit

w/ Egg & Cheese **\$5.69** 700 cal



6 Breakfast Burrito

Bacon, Sausage, **\$3.99** 580 cal
Sausage Gravy & Egg



7 Breakfast Bowl

Bacon, Sausage, **\$5.99** 470 cal
Potato Wedges, Sausage Gravy & Egg

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

BOX LUNCH MENU OPTION B																								
NUTRITIONAL INFORMATION											ALLERGEN INFORMATION													
Item Description	Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame		
VALUE BOXES	Chicken Sandwich Box	1030	57	10	0	90	2650	93	2	10	9	38	x	x					x	x				
	2 pc Chicken Tender Box	880	60	11	0	85	2290	57	<1	3	2	31	x	x					x	x				
	3 pc Chicken Tender Box	1040	67	12	0	125	2880	67	1	4	2	45	x	x					x	x				
	8 pc Dipper Box	950	61	10	0	130	2550	59	<1	3	2	45	x	x					x	x				
	1 pc. Fish Fillet Box	790	59	11	0	50	2080	50	<1	3	2	19	x	x	x				x	x				
	6 pc. Shrimp Box	970	70	13	0	20	2120	73	2	11	3	16	x	x	x				x	x				
	Dipper Bowl	630 - 640	29 - 30	14	0	85	1800 - 1940	46 - 49	4	12 - 13	5	31			x			x	x	x			x	
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x			x	
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90	2040	59	2	10	9	35	x	x					x	x				
	2 pc. Chicken Tenders	540	38	6	0	85	1670	24	<1	3	2	28	x	x					x	x				
	3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x	x					x	x				
	8 pc. Chicken Dippers	620	40	6	0	130	1940	25	<1	3	2	42	x	x					x	x				
	1 pc. Fish Fillet	460	37	7	0	50	1460	17	<1	3	2	17	x	x	x								x	
	6 pc. Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x	x	x				x	x				
ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	460 - 840	21 - 48	9 - 16	0	0 - 25	1150 - 2360	41 - 92	<1 - 3	3 - 14	<1 - 11	7 - 12	x	x	x			x	x	x			x	
	Reg Side Item Substitution	0	0	0	0	0	0	0	0	0	0	0												
OMS ONLY	1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	0	14		x						x			x	
	1 pc. Buttermilk Biscuit	290	14	8	0	0	980	35	<1	3	<1	4		x				x		x				
	1 pc. Shrimp	70	4	1	0	0	170	6	0	1	0	2					x						x	
	Gizzards	510	23	4.5	0	500	2290	33	1	<1	0	42		x						x			x	
	Gizzards	770	35	7	0	750	3430	50	2	1	0	63		x						x			x	
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x			x	
	6-10 pc. Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5												
	Macaroni & Cheese	190	9	6	0	25	840	19	<1	2	0	8	x	x									x	
	Mashed Potatoes & Gravy	170 - 180	7 - 8	7 - 8	0	15	800 - 940	6 - 9	1	2 - 3	0	3		x				x	x	x			x	
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3								x			x	
	8 pc. Hushpuppies	550	34	6	0	0	1380	57	2	11	10	6	x		x	x		x	x	x			x	
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	<1	0	8								x			x	
	18-20 pc. Seasoned Potato Wedges	780	28	3	0	0	3210	122	0	6	0	14												
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x	x									x	
	Mashed Potatoes & Gravy	510 - 560	23 - 26	23	0.5	40 - 45	2460 - 2890	19 - 26	4 - 5	5 - 8	0	9 - 10		x				x	x	x			x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10						x		x			x	
	24 pc. Hushpuppies	1650	103	18	0	0	4130	172	7	32	30	18	x	x	x			x	x	x			x	
FAMILY MEALS	8 pc. Tenders Family Meal	4360 - 6630	249 - 413	62 - 98	0.5 - 2	350 - 510	11640 - 18870	253 - 579	7 - 22	26 - 89	12 - 72	145 - 178	x	x	x			x	x	x			x	
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x	x									x	
	12 pc. Tenders Family Meal	6540 - 9950	373 - 620	92 - 147	1 - 3	520 - 760	17460 - 28310	379 - 868	11 - 33	39 - 133	19 - 108	217 - 267	x	x	x			x	x	x			x	
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x	x									x	
	8 pc. Fish Family Meal	4970 - 7240	302 - 466	75 - 112	0.5 - 2	370 - 530	14670 - 21910	277 - 803	8 - 23	26 - 89	12 - 72	164 - 197	x	x	x			x	x	x			x	
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x								x	
	12 pc. Fish Family Meal	7450 - 10860	453 - 700	113 - 167	1 - 3	555 - 795	22010 - 32860	415 - 905	12 - 34	39 - 133	19 - 108	246 - 296	x	x	x			x	x	x			x	
	12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x								x	
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0												
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	<1	8	7	<1								x			x	
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x											
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	<1	x	x										
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	<1	x	x									x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0												
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	<1	17	13	0												
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x											

NUTRITIONAL INFORMATION											ALLERGEN INFORMATION												
Item Description	Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
BREAKFAST LINE 1	Sausage, Egg, & Cheese Sandwich	610	42	20	0	170	1750	37	1	4	<1	18	x	x					x				
	Bacon, Egg, & Cheese Sandwich	470	28	15	0	145	1630	36	1	4	<1	16	x	x					x				
	Ham, Egg, & Cheese Sandwich	480	27	15	0	155	1750	37	1	4	<1	18	x	x					x				
	Biscuits & Gravy Full Order	750	37	20	0	10	2980	88	2	9	4	11		x					x				x
	3-Meal, Egg, & Cheese Sandwich	700	48	22	0	190	2150	38	1	4	<1	26	x	x					x				x
	Breakfast Burrito w/ Sausage Gravy	580	32	12	0	155	1380	51	0	1	0	20	x	x					x				x
	Breakfast Bowl	470	32	12	0	225	1540	27	0	2	<1	19	x	x					x				x
BREAKFAST LINE 2	Sausage Only Sandwich	470	31	14	0	30	1240	36	<1	3	<1	9		x					x				x
	Biscuits & Gravy Half Order	380	19	10	0	<5	1490	44	1	5	2	6		x					x				x

***PLEASE NOTE:**

While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens: as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis K&D food software and assume average portions as outlined in product specifications, because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 1/20/2025