

# FAMILY MEALS

	FRIED CHICKEN	CHICKEN TENDERS	FISH FILLETS
<b>8 PIECE [SERVES 4]</b>			
w/ 2 Large Sides & 4 Biscuits	\$24.99 4750-5930 cal	\$27.99 3420-4600 cal	\$33.99 4030-5210 cal
8 piece only	\$11.99 3500 cal	\$14.99 2170 cal	\$22.99 2780 cal
<b>12 PIECE [SERVES 6]</b>			
w/ 3 Large Sides & 6 Biscuits	\$34.99 7130-8890 cal	\$38.99 5130-6900 cal	\$51.99 6050-7810 cal
12 piece only	\$17.99 5250 cal	\$21.99 3250 cal	\$34.99 4160 cal

# TAKEOUT

## Mehu



**ARE YOU 100% SATISFIED?**



**GIVE US YOUR FEEDBACK!  
CONNECT WITH US!  
GET GREAT DEALS!**

[www.ChampsChicken.com/connect](http://www.ChampsChicken.com/connect)

Each Champs Chicken location is independently owned & operated.  
For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

**Yoss Brothers Market #892**

1200 East 10th Street  
Holden, MO 64040  
**(816) 732-5582**

# FAVORITES

**A MEAL INCLUDES**  
2 SIDES, BISCUIT & SAUCE



**1 CHICKEN SANDWICH**  
w/Wedges **\$6.99** 780-970 cal  
Sandwich Only \$5.49 700 cal



**2 2 PC. TENDERS**  
Meal **\$7.49** 710-1290 cal  
Chicken Only \$3.99 540 cal



**3 3 PC. TENDERS**  
Meal **\$8.99** 870-1450 cal  
Chicken Only \$5.49 700 cal



**4 TENDER BOWL**  
Entrée **\$5.99** 810-820 cal  
Includes Biscuit



**5 1 PC. FISH**  
Meal **\$6.99** 630-1210 cal  
Fish Only \$3.49 460 cal



**6 2 PC. CHICKEN MEAL**  
Meal **\$7.49** 1430-2270 cal

# SIDE ITEMS

INDIVIDUAL	FAMILY
<b>\$1.99</b>	<b>\$4.99</b>

Potato Wedges 260/780 cal  
Mac & Cheese 190/580 cal  
Mashed Potatoes 170-180/530-560 cal

Green Beans 60/190 cal  
Sweet Corn 210/630 cal

# BY THE PIECE

Chicken Tender **\$1.99** 160 cal  
Fish Fillet **\$3.49** 280-470 cal  
Shrimp **\$0.99** 120-310 cal  
Buttermilk Biscuit **\$0.79** 220 cal  
Chicken Breast **\$2.69** 810 cal  
Chicken Thigh **\$1.69** 480 cal

Chicken Leg **\$1.69** 230 cal  
Chicken Wing **\$1.09** 230 cal

# AND MORE

Livers or Gizzards Per lb. **\$4.99** 770 cal

# DIPPING SAUCE

**\$.69 /ea.**

Buffalo Sauce 50 cal  
Cocktail Sauce 60 cal  
Honey Mustard 190 cal  
Ranch Dressing 240 cal

Sassy Sauce 220 cal  
Sweet & Sour 60 cal  
Sweet N' Smokey BBQ 70 cal  
Tartar Sauce 160 cal

11.13.24 REVISED MENU

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION											
Item Description		Calo (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
VALUE MEALS	Premium Chicken Sandwich & Wedges Only	780 - 970	21 - 46	3 - 7	0	85 - 100	2880 - 3660	98 - 115	2	10 - 26	7 - 21	39 - 40	x	x			x		x			x		
	2 Chicken Tenders Meal	710 - 1290	32 - 69	9 - 26	0 - 0.5	80 - 150	2400 - 4990	58 - 147	2 - 7	5 - 38	0 - 23	34 - 48	x	x			x		x			x		
	3 Chicken Tenders Meal	870 - 1450	39 - 76	10 - 27	0 - 0.5	115 - 190	3000 - 5580	68 - 157	2 - 8	5 - 38	0 - 23	47 - 62	x	x			x		x			x		
	Tender Bowl	810 - 820	39	19	0	65 - 70	2030 - 2290	72 - 75	5	13	5	27			x				x			x		
	1 pc. Fish Fillet Meal	630 - 1210	31 - 69	10 - 27	0 - 0.5	40 - 115	2190 - 4780	51 - 140	1 - 7	4 - 38	0 - 23	22 - 36	x	x	x			x		x			x	
	2 pc. Chicken Meal (Breast/Wing Image)	1430 - 2270	87 - 141	25 - 47	0 - 0.5	245 - 380	3460 - 6390	69 - 158	2 - 8	5 - 38	0 - 23	73 - 103	x	x			x		x			x		
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90	2040	59	2	10	9	35	x	x							x		x	
	2 pc. Chicken Tenders	540	38	6	0	85	1670	24	<1	3	2	28	x	x							x		x	
	3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x	x							x		x	
	1 pc. Fish Fillet	460	37	7	0	50	1460	17	<1	3	2	17	x	x	x								x	
SMALL SIDES	6 pc. Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5												
	Macaroni & Cheese	190	9	6	0	25	840	19	<1	2	0	8	x		x						x		x	
	Mashed Potatoes & Gravy	170 - 180	8	7 - 8	0	15 - 20	540 - 800	6 - 9	1	2	0 - <1	3			x						x		x	
	Green Beans	60	3.5	1.5	0	<5	530	5	1	2	0	2												
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3										x	x	
LARGE SIDES	18 pc. Seasoned Potato Wedges	780	28	3	0	0	3210	122	0	6	0	14												
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x							x	x	
	Mashed Potatoes & Gravy	530 - 560	26	23	0.5 - 1	40 - 60	1680 - 2460	17 - 26	4 - 5	5	0 - 2	9 - 10			x						x		x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5												
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10										x	x	
BY THE PIECE	1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	0	14			x							x	x	
	1 pc. Fish Fillet	280 - 470	14 - 39	3 - 7	0	40 - 60	1230 - 2020	14 - 32	0 - 1	0 - 17	0 - 13	16 - 17	x	x	x						x		x	
	1 pc. Shrimp	120 - 310	4 - 29	1 - 4.5	0	0 - 20	430 - 1220	8 - 25	0 - <1	1 - 18	0 - 13	2 - 3	x		x						x		x	
	1 pc. Buttermilk Biscuit	220	10	5	0	0	620	27	<1	<1	0	3			x							x	x	
	1 pc. Chicken Breast	810	54	14	0	190	1950	31	<1	<1	0	53			x							x	x	
	1 pc. Chicken Thigh	480	33	9	0	120	1150	15	0	0	0	33			x							x	x	
	1 pc. Chicken Leg	230	16	4	0	60	510	7	0	0	0	16			x							x	x	
	1 pc. Chicken Wing	230	15	4	0	55	560	8	0	0	0	15			x							x	x	
PER POUND	Livers or Gizzards, pound	770	35 - 38	7 - 9	0	750 - 1240	1890 - 3430	38 - 50	1 - 2	<1 - 1	0	63 - 67			x							x	x	
FAMILY MEALS	8 pc Tenders Family Meal	3420 - 4600	213 - 250	50 - 86	0.5 - 2	350 - 510	10200 - 15590	219 - 446	7 - 22	23 - 76	8 - 36	133 - 174	x	x			x				x		x	
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x	x								x	x	
	12 pc Tenders Family Meal	5130 - 6900	320 - 376	74 - 129	1 - 3	520 - 760	15300 - 23390	329 - 669	11 - 33	35 - 113	13 - 54	200 - 261	x	x			x					x	x	
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x	x									x	x
	8 pc Mixed Chicken Family Meal	4750 - 5930	298 - 335	88 - 124	0 - 1.5	840 - 1000	11870 - 17260	246 - 474	8 - 22	14 - 66	0 - 28	253 - 294	x	x			x					x	x	
	8 pc. Mixed Chicken Only	3500	236	62	0	840	8360	122	4	3	0	232			x								x	x
	12 pc. Mixed Chicken Family Meal	7130 - 8890	447 - 502	132 - 187	0 - 2	1260 - 1500	17800 - 25900	370 - 711	12 - 33	21 - 99	0 - 42	380 - 441	x	x			x					x	x	
	12 pc. Mixed Chicken Only	5250	354	94	0	1260	12540	182	6	5	0	349			x								x	x
	8 pc Fish Family Meal	4030 - 5210	266 - 304	63 - 100	0.5 - 2	370 - 530	13230 - 18630	243 - 471	8 - 23	23 - 76	8 - 36	152 - 193	x	x	x							x	x	
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x								x	
	12 pc Fish Family Meal	6050 - 7810	400 - 455	95 - 149	1 - 3	555 - 795	19850 - 27940	365 - 706	12 - 34	35 - 113	13 - 54	229 - 290	x	x	x							x	x	
	12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x								x	
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0												
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	<1	8	7	<1										x	x	
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x											
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	<1	x		x									
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	<1	x		x								x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0												
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	<1	17	13	0												
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x											

\*PLEASE NOTE: While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 9/5/2025