

feed **A CROWD**

**FAMILY MEALS**

**8 TENDERS** serves 4  
2 LARGE SIDES

**\$29.99** 3150-6350 CAL

CHICKEN ONLY **\$16.99** 2170 CAL

**8 FISH FILLETS** serves 4  
2 LARGE SIDES

**\$38.99** 3760-6960 CAL

FISH ONLY **\$25.99** 2780 CAL

**12 TENDERS** serves 6  
3 LARGE SIDES

**\$44.99** 4730-9530 CAL

CHICKEN ONLY **\$23.99** 3250 CAL

**12 FISH FILLETS** serves 6  
3 LARGE SIDES

**\$57.99** 5640-10440 CAL

FISH ONLY **\$37.99** 4160 CAL

**DIPPING SAUCE**

**\$.80 /ea.**

Buffalo 50 cal  
Cocktail 60 cal  
Honey Mustard 190 cal  
Ranch Dressing 240 cal

Sassy Sauce 220 cal  
Sweet & Sour 60 cal  
Sweet N' Smokey BBQ 70 cal  
Tartar Sauce 160 cal

**ARE YOU 100% SATISFIED?**



**GIVE US YOUR FEEDBACK!  
CONNECT WITH US!  
GET GREAT DEALS!**

[www.ChampsChicken.com/connect](http://www.ChampsChicken.com/connect)

Each Champs Chicken location is independently owned & operated.  
For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

**TAKEOUT**  
*Mehu*



**Dual Stop**

220 23rd Street  
Columbus, NE 68601  
**(402) 564-0770**



**box**  
includes  
Battered Fries  
& **Sassy Sauce**

## SIDES

*Classic* Regular **\$2.69** | Large **\$5.49**

Battered Fries 330/1000 cal

Potato Wedges 310/930 cal

*Premium* Regular **\$2.99** | Large **\$5.99**

Mac & Cheese 190/580 cal

Hushpuppies 550/1650 cal

## CHICKEN boxes

### THE REAL CHAMP

1

**Box \$7.99** 1030 cal  
**Sandwich Only \$5.99** 700 cal



2

### 2 PC Tenders

**Box \$6.99** 880 cal  
**Chicken Only \$4.99** 540 cal

3

### 3 PC Tenders

**Box \$8.79** 1040 cal  
**Chicken Only \$6.79** 700 cal

4

### 8 PC Dippers

**Box \$8.69** 950 cal  
**Chicken Only \$6.69** 620 cal



## SEAFOOD boxes

5

### 1 pc FISH

**Box \$5.99** 790 cal  
**Fish Only \$3.99** 460 cal

6

### 6 pc SHRIMP

**Box \$8.99** 970 cal  
**Shrimp Only \$6.99** 630 cal

your morning **BREAKFAST** Never Looked **SO GOOD**



**CHAMPS  
CHICKEN**  
*Breakfast*

1

**breakfast  
SANDWICH**

Bacon or Ham or Sausage w/Egg & Cheese

**\$3.49** 390-540 cal

Bacon or Ham or Sausage Biscuit Only

**\$2.79** 250-400 cal



2

**breakfast  
MEGA SANDWICH**

Bacon, Ham, & Sausage w/Egg & Cheese

**\$5.99** 620-630 cal



3

**biscuit  
& GRAVY**

1 Biscuit & Sausage Gravy

**\$3.29** 310 cal

2 Biscuits & Sausage Gravy

**\$4.69** 610 cal



4

**breakfast  
BURRITO**

Bacon, Sausage, Egg, Cheese  
& Sausage Gravy

**\$4.99** 630 cal



2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.  
ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

**Dual Stop**

220 23rd Street  
Columbus, NE 68601  
**(402) 564-0770**



# NUTRITIONAL REPORT

Dual Stop  
220 23rd Street  
Columbus, NE 68601

BFAST																								
NUTRITIONAL INFORMATION													ALLERGEN INFORMATION											
Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame		
BREAKFAST LINE 1	1-Meat, Egg, & Cheese Sandwich	390 - 540	23 - 38	11 - 17	0	145 - 170	840 - 1390	28 - 29	0 - 1	2 - 5	0 - 3	15 - 18	x		x			x	x		x			
	3-Meat, Egg, & Cheese Sandwich	620 - 630	43 - 44	18 - 19	0	190 - 195	1360 - 1790	30	0 - 1	2 - 5	0 - 3	25 - 26	x		x			x	x		x			
	Biscuits & Gravy Half Order	310	15	7	0	< 5	1130	36	1	3	< 1	5			x				x	x		x		
	Breakfast Burrito w/ Sausage Gravy	630	35	14	0	220	1520	51	0	1	0	23	x		x				x	x		x		
BREAKFAST LINE 2	1-Meat Sandwich (No Egg/Cheese)	250 - 400	12 - 27	5 - 11	0	10 - 30	330 - 890	27 - 28	0 - < 1	< 1 - 4	0 - 3	6 - 9	x		x			x	x		x			
	Biscuits & Gravy Full Order	610	29	14	0	10	2260	72	2	5	2	9			x				x	x		x		

CHAMPS FULL																								
NUTRITIONAL INFORMATION													ALLERGEN INFORMATION											
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VALUE BOXES	Chicken Sandwich Box	1030	57	10	0	90	2650	93	2	10	9	38	x		x					x		x		
	2 pc Chicken Tender Box	880	60	11	0	85	2290	57	< 1	3	2	31	x		x					x		x		
	3 pc Chicken Tender Box	1040	67	12	0	125	2880	67	1	4	2	45	x		x					x		x		
	8 pc. Dipper Box	950	61	10	0	130	2550	59	< 1	3	2	45	x		x					x		x		
	1 pc. Fish Fillet Box	790	59	11	0	50	2080	50	< 1	3	2	19	x	x	x					x		x		
	6 pc. Shrimp Box	970	70	13	0	20	2120	73	2	11	3	16	x		x		x			x		x		
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	3									x		x		
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90	2040	59	2	10	9	35	x		x					x		x		
	2 pc. Chicken Tenders	540	38	6	0	85	1670	24	< 1	3	2	28	x		x					x		x		
	3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x		x					x		x		
	8 pc. Chicken Dippers	620	40	6	0	130	1940	25	< 1	3	2	42	x		x					x		x		
	1 pc. Fish Fillet	460	37	7	0	50	1460	17	< 1	3	2	17	x	x	x							x		
	6 pc. Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x		x		x			x		x		

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OMS ONLY	1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	14				x					x		x		
	1 pc. Shrimp	70	4	1	0	0	170	6	0	1	2					x				x		x		
	Breaded Pork Loin Sandwich (2023)	860	50	11	0	100	1740	59	2	10	9	40	x		x					x		x		
	Fish Fillet Sandwich	680	40	7	0	50	1870	59	2	10	9	24	x	x	x					x		x		
	Pulled Pork Sandwich	670	39	12	0	75	1250	46	1	10	9	30	x		x					x		x		
	Small Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x						x		x	
LARGE SIDES	Large Livers or Gizzards	990 - 1000	59 - 62	10 - 13	0	760 - 1250	2380 - 3920	42 - 53	1 - 2	3 - 4	2	64 - 67	x		x					x		x		
	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8								x		x		
	Potato Wedges *Classic*	930	37	6	0	0	4280	134	7	5	0	19												
FAMILY MEALS	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x					x		x		
	24 pc. Hushpuppies	2070	150	26	0.5	10	2500	176	0	48	39	15	x		x	x		x	x	x				
	8 pc Tenders Family Meal	2270 - 6300	208 - 451	35 - 76	0.5 - 2	350 - 510	10380 - 15240	209 - 446	3 - 17	14 - 108	8 - 87	129 - 162	x		x	x		x	x	x		x		
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x		x					x		x		
	12 pc Tenders Family Meal	3410 - 9460	312 - 677	53 - 114	1 - 3	520 - 760	15560 - 22860	313 - 669	5 - 25	21 - 162	13 - 130	193 - 243	x		x	x		x	x	x		x		
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x		x					x		x		
	8 pc Fish Family Meal	2880 - 6910	261 - 505	49 - 89	0.5 - 2	370 - 530	13410 - 18280	233 - 470	4 - 18	14 - 108	8 - 87	148 - 181	x	x	x	x		x	x	x		x		
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x								x	
FAMILY MEALS	12 pc Fish Family Meal	4320 - 10370	392 - 757	73 - 134	1 - 3	555 - 795	20120 - 27420	350 - 706	6 - 27	21 - 162	13 - 130	222 - 272	x	x	x	x		x	x	x		x		
	12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x								x	

CHAMPS FULL

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION												
	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame		
		DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
Cocktail Dipping Cup	60		0.5	0	0	0	410	13	< 1	8	7	< 1						x		x					
Honey Mustard Dipping Cup	190		17	2.5	0	10	330	12	0	11	11	0	x												
Ranch Dressing Dipping Cup	240		25	4	0	10	260	3	0	3	2	< 1	x		x										
Sassy Sauce Dipping Cup	220		24	3.5	0	10	490	3	0	3	2	< 1	x		x								x		
Sweet & Sour Dipping Cup	60		0	0	0	0	310	14	0	11	11	0													
Sweet N' Smokey BBQ Dipping Cup	70		0	0	0	0	330	18	< 1	17	13	0													
Tartar Sauce Dipping Cup	160		15	2.5	0	20	280	7	0	6	6	0	x												

**\*PLEASE NOTE:** While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 6/20/2025