



NUTRITIONAL REPORT

MINNIE'S QUICK STOP #1
2000 FLORIDA ST.
MANDEVILLE, LA 70448

LUNCH BOX

NUTRITIONAL INFORMATION

ALLERGEN INFORMATION

Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
1-Meat, Egg, & Cheese Sandwich	400 - 540	23 - 38	11 - 17	0	155 - 170	960 - 1690	28 - 29	0 - 1	2 - 5	0 - 3	17 - 25	x		x			x		x		x	
Chicken Tender Biscuit	380	17	6	0	40	1120 - 1300	37	1	1	0	17	x		x			x		x		x	
Breakfast Burrito w/ Sausage Gravy	650	41	16	0	180	1710	43	2	1	0	28	x		x			x		x		x	
1-Meat Sandwich (No Egg/Cheese)	260 - 400	12 - 27	5 - 11	0	15 - 30	450 - 1190	27 - 28	0 - < 1	< 1 - 4	0 - 3	8 - 16	x		x			x		x		x	
6-10 pc. Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5											

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Chicken Sandwich Box	1020	57	10	0	90	2670	91	2	12	10	37	x		x					x		x	
2 pc Chicken Tender Box	880	60	11	0	85	2290	57	< 1	3	2	31	x		x					x		x	
3 pc Chicken Tender Box	1040	67	12	0	125	2880	67	1	4	2	45	x		x					x		x	
8 pc. Dipper Box	950	61	10	0	130	2550	59	< 1	3	2	45	x		x					x		x	
1 pc. Fish Fillet Box Import	790	59	11	0	50	2090	50	< 1	3	2	19	x	x	x			x		x		x	
Livers or Gizzards Box	1070	69 - 71	13 - 14	0	510 - 835	2370 - 3400	62 - 70	< 1 - 1	3 - 4	2	46 - 48	x		x					x		x	
2 pc. Chicken Box White Meat	1380	92	23	0	245	3130	72	1	1	0	71			x					x		x	
2 pc. Chicken Box Dark Meat	1050	70	17	0	175	2340	57	< 1	< 1	0	51			x					x		x	
Dipper Bowl	630	30	14	0	90	1540	46	4	12	5	31			x			x		x		x	
French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x		x	
Premium Chicken Sandwich Original	690	35	6	0	90	2050	57	2	12	10	34	x		x					x		x	
2 pc. Chicken Tenders	540	38	6	0	85	1670	24	< 1	3	2	28	x		x					x		x	
3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x		x					x		x	
8 pc. Chicken Dippers	620	40	6	0	130	1940	25	< 1	3	2	42	x		x					x		x	
1 pc. Fish Fillet Import	460	37	7	0	50	1470	17	< 1	3	2	17	x	x	x			x				x	
Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x					x		x	
2 pc. Chicken White (Breast/Wing Image)	1040	70	18	0	245	2510	39	1	< 1	0	68			x					x		x	
2 pc. Chicken Dark (Thigh/Leg Image)	710	48	13	0	175	1670	22	< 1	< 1	0	48			x					x		x	

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Make it a Big Box (+ Reg Side & Biscuit)	280 - 550	14 - 32	6 - 12	0	0 - 25	790 - 1690	32 - 68	< 1 - 3	1 - 11	0 - 5	5 - 11	x		x			x		x		x	
1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	0	14			x					x		x	
1 pc. Shrimp	70	4	1	0	0	170	6	0	1	0	2					x			x		x	
1 pc. Buttermilk Biscuit	220	10	5	0	0	620	27	< 1	< 1	0	3			x					x		x	
1 pc. Chicken Breast	810	54	14	0	190	1950	31	< 1	< 1	0	53			x					x		x	
1 pc. Chicken Thigh	480	33	9	0	120	1150	15	0	0	0	33			x					x		x	
1 pc. Chicken Leg	230	16	4	0	60	510	7	0	0	0	16			x					x		x	
1 pc. Chicken Wing	230	15	4	0	55	560	8	0	0	0	15			x					x		x	
Fish Fillet Sandwich	670	40	7	0	50	1900	57	2	12	10	23	x	x	x			x		x		x	
Small Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x					x		x	
Large Livers or Gizzards	990 - 1000	59 - 62	10 - 13	0	760 - 1250	2380 - 3920	42 - 53	1 - 2	3 - 4	2	64 - 67	x		x					x		x	
French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x		x	
6-10 pc. Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5											
Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x		x					x		x	
Mashed Potatoes & Gravy	170	8	7	0	20	540	6	1	2	< 1	3			x					x		x	
Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3						x		x		x	
Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2											

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LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8									x		x	
	18-20 pc. Seasoned Potato Wedges	780	28	3	0	0	3210	122	0	6	0	14												
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x						x		x	
	Mashed Potatoes & Gravy	530	26	23	1	60	1680	17	4	5	2	10			x						x		x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10						x		x			x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5												
FAMILY MEALS	8 pc Tenders Family Meal	3420 - 5060	213 - 322	50 - 86	0.5 - 2	350 - 510	10200 - 15590	219 - 446	7 - 22	18 - 76	8 - 36	133 - 174	x		x			x		x			x	
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x		x					x			x	
	12 pc Tenders Family Meal	5130 - 7580	320 - 483	74 - 129	1 - 3	520 - 760	15300 - 23390	329 - 669	11 - 33	27 - 113	13 - 54	200 - 261	x		x			x		x			x	
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x		x					x			x	
	8 pc Mixed Chicken Family Meal	4750 - 6390	298 - 407	88 - 124	0 - 1.5	840 - 1000	11870 - 17260	246 - 474	8 - 22	9 - 66	0 - 28	253 - 294	x		x			x		x			x	
	8 pc. Mixed Chicken Only	3500	236	62	0	840	8360	122	4	3	0	232			x						x			x
	12 pc Mixed Chicken Family Meal	7130 - 9580	447 - 610	132 - 186	0 - 2	1260 - 1500	17800 - 25900	370 - 711	12 - 33	13 - 99	0 - 42	380 - 441	x		x			x		x				x
	12 pc. Mixed Chicken Only	5250	354	94	0	1260	12540	182	6	5	0	349			x						x			x
	8 pc Fish Family Meal Import	4030 - 5660	266 - 375	63 - 99	0.5 - 2	370 - 530	13330 - 18730	243 - 471	8 - 22	18 - 75	8 - 36	152 - 193	x	x	x			x		x				x
	8 pc. Fish Fillets Only Import	2770	205	38	0.5	370	9820	119	4	12	8	131	x	x	x			x						x
	12 pc Fish Family Meal Import	6040 - 8490	399 - 563	95 - 149	1 - 3	555 - 795	19990 - 28090	365 - 706	12 - 33	27 - 113	13 - 54	228 - 289	x	x	x			x		x				x
	12 pc. Fish Fillets Only Import	4160	307	56	1	555	14730	178	6	18	13	197	x	x	x			x						x

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DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0												
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1						x		x				
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x											
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x		x									
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x		x								x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0												
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0												
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x											

***PLEASE NOTE:** While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 3/4/2026

your morning **BREAKFAST** Never Looked **SO GOOD**



make it a
combo add **\$2**
Add Potato Wedges 310 cal



1

breakfast **SANDWICH**

Bacon or Ham or Sausage w/Egg & Cheese

\$4.99 Biscuit or Croissant
400-540 cal

Bacon or Ham or Sausage Only

\$3.59 Biscuit or Croissant
260-400 cal



biscuit or
croissant

3

THE breakfast **CHAMP**

Chicken Tender Biscuit

\$3.99 380 cal



4

breakfast **BURRITO**

Bacon, Sausage, Egg, Cheese & Sausage Gravy

\$4.99 650 cal



2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.
ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

**MINNIE'S QUICK
STOP #1**

2000 FLORIDA ST.
MANDEVILLE, LA 70448
985-727-1141

feed **A CROWD**

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS

2 LARGE SIDES & 4 BISCUITS

\$27.99 3420-5060 CAL

CHICKEN ONLY **\$14.99** 2170 CAL

8 PC MIXED CHICKEN

2 LARGE SIDES & 4 BISCUITS

\$27.99 4750-6390 CAL

CHICKEN ONLY **\$14.99** 3500 CAL

8 PC FISH FILLETS

2 LARGE SIDES & 4 BISCUITS

\$33.99 4030-5660 CAL

FISH ONLY **\$22.99** 2770 CAL

12 PC TENDERS

3 LARGE SIDES & 6 BISCUITS

\$38.99 5130-7580 CAL

CHICKEN ONLY **\$21.99** 3250 CAL

12 PC MIXED CHICKEN

3 LARGE SIDES & 6 BISCUITS

\$38.99 7130-9580 CAL

CHICKEN ONLY **\$21.99** 5250 CAL

12 PC FISH FILLETS

3 LARGE SIDES & 6 BISCUITS

\$51.99 6040-8490 CAL

FISH ONLY **\$34.99** 4160 CAL

DIPPING SAUCE

\$.69 /ea.

Buffalo Sauce 50 cal

Cocktail Sauce 60 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

ARE YOU 100% SATISFIED?



**GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!**

www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



**MINNIE'S QUICK
STOP #1**

2000 FLORIDA ST.
MANDEVILLE, LA 70448
985-727-1141



box
includes
French Fries
& **Sassy Sauce**

SIDES

<i>Classic</i>	Regular \$2.29	Large \$4.99
French Fries	330/1000 cal	
Potato Wedges	260/780 cal	
<i>Premium</i>	Regular \$2.59	Large \$5.49
Mac & Cheese	190/580 cal	
Mashed Potatoes	170/530 cal	
Sweet Corn	210/630 cal	
Green Beans	60/190 cal	

make it a **big box** add **\$3.00**
Add 1 Reg. Side Item & Biscuit
280-550 cal

CHICKEN boxes

THE REAL CHAMP

1	Box \$7.59	1020 cal
	Sandwich Only \$5.59	690 cal



2 PC Tenders

Box \$6.29	880 cal
Chicken Only \$4.29	540 cal

3 PC Tenders

Box \$7.99	1040 cal
Chicken Only \$5.99	700 cal

8 PC Dippers

Box \$6.69	950 cal
Chicken Only \$4.69	620 cal



Local FAVORITES

5

1 pc FISH

Box \$5.59	790 cal
Fish Only \$3.59	460 cal

6

LIVERS OR GIZZARDS

Box \$5.69	1070 cal
Chicken Only \$3.99	740 cal

bone-in CHICKEN boxes

7

2 pc CHICKEN

Box \$6.69	1380 cal
Chicken Only \$4.69	1040 cal

8

2 pc CHICKEN

Box \$6.19	1050 cal
Chicken Only \$4.19	710 cal

dipper BOWL \$6.49



DIPPERS • MASHED POTATOES • CORN • GRAVY • CHEESE

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.