

COMBO

Includes Fries, Regular Drink and *Sassy Sauce*



1 Chicken Sandwich *combo*

\$9.99

1140-1350 cal



ORIGINAL or *Spicy*

2 Tender *combo*

A 2PC **\$7.99** 910-1120 cal

B 3PC **\$9.99** 1070-1280 cal

C 4PC **\$11.49** 1230-1440 cal

D 5PC **\$12.99** 1390-1600 cal

ORIGINAL or *Spicy*



3 8PC Dipper *combo*

\$9.49

990-1200 cal



4 Fish *combo*

A 1PC **\$7.49** 830-1040 cal

B 2PC **\$10.49** 1060-1270 cal



5 6PC Shrimp *combo*

\$10.49

970-1180 cal



6 A Dipper Bowl **\$8.99** 630-840 cal

4 Dippers, Mashed Potatoes, Corn, Gravy, Cheese & Reg. Drink

B Mac Attack **\$8.99** 630-1030 cal

4 Dippers, Mac & Cheese, Buffalo or BBQ Sauce & Reg. Drink



Kid's MEAL

Includes: Fries or Apple Sauce, Apple Juice or Regular Drink and *Sassy Sauce*

Substitute Side or Milk | **\$1.29**



1PC Tender

\$5.99 460-960 cal



4PC Dipper

\$5.99 500-1000 cal

ORIGINAL or *Spicy*

Chicken served with our Original recipe. Spicy breading available upon request.



Substitute for **\$1.29**
Premium Sides, Double or Large Drink

NEW Value MENU

Chicken Sandwich

\$5.99 770 cal

4PC Dippers

\$2.99 200 cal

2PC Tender

\$4.99 540 cal

1PC Fish

\$3.99 460 cal



Side ITEMS

Regular **\$2.59**

Double **\$4.89**

Fries 370 | 700 cal

Hushpuppies 340 | 690 cal

Apple Sauce Pouch each **\$1.79** 40 cal

Premium Sides

Regular **\$3.29**

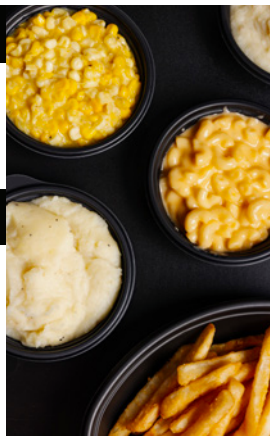
Large **\$5.99**

Macaroni & Cheese 190 | 580 cal

Mashed Potatoes & Gravy 170 | 530 cal

Green Beans 60 | 190 cal

Sweet Corn 210 | 630 cal



DESSERT

Goey Brownie Bliss **\$2.99** 370 cal



SAUCES



Party PACKS

includes Protein + 6 Sassy Sauces

\$33 feeds 6

CHOOSE

6 Chicken Sandwiches

4590-4600 cal

18 Chicken Tenders

4200-4210 cal

48 Chicken Dippers

3710-3720 cal

12 Fish Fillets

4160 cal

EXTRAS

add Fries, \$10

2220 cal

add Hushpuppies, \$10

2280 cal

add Premium Side, \$14

370-1260 cal

add Brownies, \$17

2200 cal

add Tea (Sweet or Unsweet), \$6

1 Gallon

add Lemonade, \$7

1 Gallon

Drink MENU

Unsweet Tea & Sweet Tea

Regular **\$1.99** 0-210 cal

Large **\$2.99** 0-340 cal

Milk 2% **\$2.99** 110 cal

Chocolate Milk 2% **\$2.99** 150 cal

Apple Juice **\$1.99** 100 cal

Orange Juice **\$2.99** 160 cal



	NUTRITIONAL INFORMATION													ALLERGEN INFORMATION									
	Item Description	Calb (kcal)	Fat (g)	Salt Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
VALUE BOX COMBOS	Chicken Sandwich Combo	1140 - 1250	65	12	0	95 - 100	3040 - 3230	99 - 155	2	19 - 74	16 - 71	37	x		x			x	x	x			
	2 pc Chicken Tenders Combo	910 - 1120	60	11	0	85 - 90	2580 - 2840	64 - 120	< 1 - 1	10 - 65	8 - 63	31	x		x			x	x	x			
	3 pc Chicken Tenders Combo	1070 - 1280	67	12	0	125 - 130	3170 - 3520	74 - 130	1	11 - 65	8 - 63	44 - 45	x		x			x	x	x			
	4 pc Chicken Tenders Combo	1230 - 1440	74	13	0	165 - 170	3760 - 4200	83 - 140	2	11 - 66	8 - 63	58	x		x			x	x	x			
	5 pc Chicken Tenders Combo	1390 - 1600	81 - 82	14	0	205 - 210	4350 - 4880	93 - 150	2	11 - 66	8 - 63	72	x		x			x	x	x			
	8 pc Chicken Dippers Combo	990 - 1200	61 - 62	10	0	130	2840 - 3120	66 - 122	< 1 - 1	10 - 65	8 - 63	45	x		x			x	x	x			
	1 pc Fish Fillet Combo	830 - 1040	59	11	0	50	2380 - 2460	58 - 113	< 1	10 - 65	8 - 63	19 - 20	x	x	x			x	x	x			
	2 pc Fish Fillet Combo	1060 - 1270	73	14	0	95	3360 - 3440	71 - 126	< 1	10 - 65	8 - 63	36	x	x	x			x	x	x			
	6 pc Shrimp Combo	970 - 1180	70	13	0	20	2120 - 2200	73 - 128	2	11 - 66	3 - 58	16	x		x		x		x	x			
	Dipper Bowl Combo	630 - 840	30	14	0	90	1540 - 1720	45 - 101	4	12 - 67	5 - 60	31	x		x			x	x	x			
MAC Attack Combo	630 - 1030	27 - 52	13 - 17	0	115 - 130	2660 - 3630	50 - 123	2	4 - 75	0 - 68	37 - 38	x		x			x	x	x				
KIDS MEALS	1 pc Tender Kids Meal Combo	460 - 960	31 - 53	5 - 9	0	50	1380 - 2160	31 - 110	< 1 - 2	10 - 73	8 - 63	14 - 17	x		x			x	x	x			
	4 pc Dipper Kids Meal Combo	500 - 1000	32 - 54	4.5 - 9	0	70	1510 - 2300	32 - 111	< 1 - 2	10 - 73	8 - 63	21 - 24	x		x			x	x	x			
SA EXTRAS	French Fries (SAOnly)	370	22	4.5	0	0	910	41	0	7	6	3								x		x	
	4 pc Hushpuppies	340	25	4.5	0	0	420	29	0	8	7	2	x		x	x			x	x	x		
	Double Fries (SAOnly)	700	44	9	0	0	1520	74	0	8	6	5								x		x	
	8 pc Hushpuppies	690	50	9	0	< 5	830	59	0	16	13	5	x		x	x			x	x	x		
	Applesauce Pouch, 3.2 oz	40	0	0	0	0	0	10	< 1	8	0	0											
	Chicken Sandwich (SAOnly)	770	43	7	0	95 - 100	2130 - 2250	58 - 2	12	10	34	x		x					x	x	x		
	2 pc Chicken Tenders	540	38	6	0	85 - 90	1670 - 1850	23 - 24	< 1 - 1	3	2	28	x		x				x	x	x		
	4 pc Chicken Dippers (SAOnly)	200	8	1	0	60	720 - 820	11	0	0	0	21	x		x				x	x	x		
	1 pc Fish Fillet (SA Only)	230	14	3	0	40	980	13	0	0	0	16		x					x				
	1 pc Chicken Tender (SAOnly)	160	7	1	0	40	590 - 680	10	0	0	0	14	x		x				x	x	x		
	8 pc Chicken Dipper	390 - 400	16	2	0	120	1450 - 1640	21 - 22	< 1	< 1	0	41 - 42	x		x				x	x	x		
	6 pc Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x		x		x		x	x	x		
	Dipper Bowl (SA Only)	630	30	14	0	90	1540 - 1640	45 - 46	4	12	5	31	x		x				x	x	x		
MAC Attack Bowl (SAOnly)	630 - 820	27 - 52	13 - 17	0	115 - 130	2660 - 3550	50 - 68	2	4 - 20	0 - 13	37 - 38	x		x				x	x	x			
SMALL SIDES	Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x		x					x		x	
	Mashed Potatoes & Gravy	170	8	7	0	20	540	6	1	2	< 1	3			x					x		x	
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3							x		x	x	
	Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2											
LARGE SIDES	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x					x		x	
	Mashed Potatoes & Gravy	530	26	23	1	60	1680	17	4	5	2	10			x					x		x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10							x		x	x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5											
DESSERT	Goopy Brownie Bliss	370	18	4.5	5	15	85	52	0	36	33	3	x		x				x		x	x	
PARTY PACKS	6 ct. Chicken Sandwiches	4590 - 4600	260 - 261	44	1	585 - 590	12790 - 13480	348 - 351	11	70	63	204 - 205	x		x				x	x	x		
	18 pc. Chicken Tenders	4200 - 4210	270 - 272	43 - 44	1	755 - 770	13580 - 15210	196 - 202	7 - 9	20	13	250 - 251	x		x				x	x	x		
	48 pc. Chicken Dippers	3710 - 3720	238 - 240	35	1	775 - 785	11630 - 12810	148 - 152	5 - 7	19	13	252 - 253	x		x				x	x	x		
	12 pc. Fish Fillets	4160	307	56	1	555	14730	178	6	18	13	197	x	x	x				x		x	x	
	6 Fries	2220	131	27	0	0	5430	247	0	44	36	16									x	x	
	6 Hushpuppies	2280	150	26	0.5	10	4240	224	0	90	75	15	x		x	x			x	x	x		
	6 Side Items	370 - 1260	22 - 59	8 - 44	0 - 1.5	0 - 160	1030 - 5040	29 - 171	4 - 14	9 - 59	0 - 28	9 - 50	x		x				x	x	x		
	6 Goopy Brownie Bliss	2200	106	26	32	100	520	311	0	216	201	18	x		x				x	x	x		
DRINKS	Regular Drink	0 - 210	0	0	0	0	0 - 80	0 - 55	0	0 - 55	0 - 55	0											
	Large Drink	0 - 340	0	0	0	0	0 - 330	0 - 68	0	0 - 68	0 - 68	0											
	Milk 1% Lowfat, 8 fl oz	110	2.5	1.5	0	15	125	12	0	12	0	8			x								
	Milk 1% Choc Lowfat, 8 fl oz	150	2.5	1.5	0	10	200	22	0	21	10	8			x								
	Orange Juice, 11 oz	160	0	0	0	0	0	39	0	31	0	3											
	Apple Juice Box, 6.75 fl oz	100	0	0	0	0	25	24	0	23	0	0											
	Sweet Tea, 128 FL OZ (1 GAL)	720	0	0	0	0	0	192	0	192	0	0											
	UnSweet Tea, 128 FL OZ (1 GAL)	0	0	0	0	0	240	0	0	0	0	0											
	Lemonade, 128 FL OZ (1 GAL)	0	0	0	0	0	0	0	0	0	0	0											
DIPPING CUPS	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x		x								x
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0											
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x										
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x		x								
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0											
	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x										
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1								x		x	

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All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

COMBO

Includes HashStix & Regular Drink
*Egg Portion includes Cheese

Croissant
or **Biscuit**

Sandwiches are available with
choice of biscuit or croissant

ORIGINAL or *Spicy* Served with our Original recipe. Spicy breading available upon request.

1 CHICKEN
Breakfast Sandwich *combo*
\$5.99

670-750 cal



Croissant or Biscuit
ORIGINAL or *Spicy*

4 Biscuits & Gravy *combo*
1 Biscuit & Sausage Gravy
\$5.99

680 cal



2 Breakfast Sandwich *combo*
Sausage or Bacon, with Egg & Cheese
\$5.99

810-910 cal



Croissant or Biscuit

5 Breakfast Burrito *combo*
Sausage, Bacon, with Egg & Cheese
\$7.59

1000 cal



3 MEGA Breakfast Sandwich *combo*
Sausage and Bacon, with Egg & Cheese
\$6.99

990-1070 cal



Croissant or Biscuit

6 Breakfast Bowl
Sausage, Bacon, Egg, Cheese
HashStix, Sausage gravy & Reg. Drink
\$7.99

760 cal



NEW Value MENU

Chicken
Breakfast Sandwich
\$2.29 370-450 cal

ORIGINAL or *Spicy*

Breakfast Sandwich
Sausage or Bacon
\$2.29 370-470 cal

6PC Hashstix
\$1.99 270 cal

Sunrise PACKS feeds 6

CHOOSE

- 6 Breakfast Sandwiches, \$21
3050-3650 cal
- 6 MEGA Breakfast Sandwiches, \$26
4130-4620 cal
- 6 Breakfast Burritos, \$29
4190 cal

ADD HASHSTIX, \$12
1810 cal

Kids MEALS

Substitute Milk for **\$1.29**

Includes: 4PC Hashstix,
Apple Juice or Regular Drink
and *Ketchup*



Chicken
Breakfast Sandwich
\$4.49 580-870 cal



Breakfast Sandwich
\$4.49 580-890 cal

Drink MENU



Unsweet Tea & Sweet Tea

Regular **\$1.99** 0-210 cal
Large **\$2.99** 0-340 cal

Milk 1% **\$2.99** 110 cal
Chocolate Milk 1% **\$2.99** 150 cal
Apple Juice **\$1.99** 100 cal
Orange Juice **\$2.99** 160 cal

Coffee Regular **\$1.99** 0 cal
Large **\$3.29** 0 cal



Champs Chicken | 1411 Cinnamon Hill Lane, Columbia, MO 65201

OPEN EVERYDAY

BREAKFAST: 6:30 AM - 10:30 AM
DRIVE THRU: 6:30 AM - 10:00 PM, LOBBY CLOSES 9PM

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

	NUTRITIONAL INFORMATION												ALLERGEN INFORMATION											
	Item Description	Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
BREAKFAST	Chicken Breakfast Sandwich Combo	670 - 750	34 - 39	9 - 13	0	40	1460 - 2340	69 - 78	3 - 4	10 - 11	7 - 9	20	x	x			x	x		x				
	Breakfast Sandwich Combo	810 - 910	52 - 60	19 - 24	0	170	1630 - 2730	61 - 70	3 - 4	11 - 12	7 - 9	21 - 28	x	x			x	x		x				
	Mega Breakfast Sandwich Combo	990 - 1070	69 - 74	25 - 29	0	200	2200 - 2990	62 - 70	3 - 4	11 - 12	7 - 9	33	x	x			x	x		x				
	Biscuits & Gravy Combo	680	37	14	0	< 5	2170	77	4	12	8	8			x			x	x	x				
	Breakfast Burrito Combo	1000	62	21	0	245	2530	76	4	8	6	34	x	x				x	x	x				
	Breakfast Bowl Combo	760	56	19	0	245	2110	39	3	8	6	29	x	x				x	x	x				
KIDS MEALS	Breakfast Sandwich Kids Combo	580 - 890	36 - 43	12 - 17	0	30	1000 - 2170	51 - 115	2 - 3	10 - 66	7 - 64	11 - 18	x	x			x	x		x				
	Chicken Breakfast Sandwich Kids Combo	580 - 870	28 - 33	8 - 12	0	40	1330 - 2290	61 - 124	2 - 3	10 - 66	7 - 64	19 - 20	x	x			x	x		x				
SA EXTRAS	Breakfast Sandwich (SAOnly)	510 - 610	34 - 42	15 - 20	0	170	960 - 2050	28 - 37	0 - 1	4 - 5	< 1 - 3	18 - 25	x	x			x	x		x				
	Mega Breakfast Sandwich (SAOnly)	690 - 770	51 - 56	21 - 25	0	200	1520 - 2310	29 - 37	0 - 1	4 - 5	< 1 - 3	30	x	x			x	x		x				
	Biscuits & Gravy, Single (SAOnly)	380	19	10	0	< 5	1490	44	1	5	2	6			x			x	x	x				
	Breakfast Bowl (SAOnly)	730	56	19	0	245	1820	31	3	1	0	29	x	x				x	x	x				
	Breakfast Burrito (SAOnly)	700	44	17	0	245	1850	44	2	1	0	32	x	x				x	x	x				
	Chicken Breakfast Sandwich (SAOnly)	370 - 450	17 - 21	5 - 9	0	40	780 - 1660	37 - 45	0 - 1	3 - 4	< 1 - 3	18	x	x				x	x	x				
	Breakfast Sandwich No E&C (SAOnly)	370 - 470	24 - 31	9 - 14	0	30	450 - 1550	27 - 36	0 - < 1	3 - 4	< 1 - 3	9 - 16	x	x				x	x	x				
	Hash Stix, 6 ct (SA)	270	18	4	0	0	390	25	2	0	0	3												
PARTY PACKS	6 Breakfast Sandwiches	3050 - 3650	207 - 251	89 - 118	0 - 1.5	1020 - 1025	5740 - 12320	168 - 223	0 - 6	23 - 28	6 - 19	108 - 152	x	x			x	x		x				
	6 Mega (2-M) Breakfast Sandwiches	4130 - 4620	309 - 337	125 - 149	0 - 1.5	1205	9140 - 13880	174 - 223	0 - 6	23 - 28	6 - 19	181 - 182	x	x			x	x		x				
	6 Breakfast Burritos	4190	267	103	1.5	1460	11100	261	9	8	3	189	x	x			x	x		x				
	6 Hashstix	1810	107	23	0	0	4060	195	15	42	36	16												
DRINKS	Regular Drink	0 - 210	0	0	0	0	0 - 80	0 - 55	0	0 - 55	0 - 55	0												
	Large Drink	0 - 340	0	0	0	0	0 - 330	0 - 88	0	0 - 88	0 - 88	0												
	Apple Juice Box, 6.75 fl oz	100	0	0	0	0	25	24	0	23	0	0												
	Milk 1% Lowfat, 8 fl oz	110	2.5	1.5	0	15	125	12	0	12	0	8			x									
	Milk 1% Choc Lowfat, 8 fl oz	150	2.5	1.5	0	10	200	22	0	21	10	8			x									
Orange Juice, 11 oz	160	0	0	0	0	0	39	0	31	0	3													

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Effective Date: 4/13/2025