your morning BREAKFAST Never Looked SO GOOD



make it a **combo** add **$1.99**
Add 6 pc. Hashstix 270 cal

1 breakfast BISCUIT

Bacon or Ham or Sausage w/Egg & Cheese
$3.99 410-620 cal

Bacon or Ham or Sausage Biscuit Only
$2.99 260-470 cal



2 breakfast MEGA BISCUIT

Bacon, Ham, & Sausage w/Egg & Cheese
$5.99 750-830 cal



3 THE breakfast CHAMP

Chicken Tender Biscuit
$2.99 450 cal



4 biscuit & GRAVY

1 Biscuit & Sausage Gravy
$2.99 380 cal

2 Biscuits & Sausage Gravy
$4.99 750 cal



5 breakfast BURRITO

Bacon, Sausage, Egg, Cheese & Sausage Gravy
$5.49 710 cal



2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.
ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

Carlinville ZX #220

455 North Broad Street
Carlinville, IL 62626
217-854-2474

feed A CROWD

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS
2 LARGE SIDES & 4 BISCUITS

$29.99 3430-5340 CAL

CHICKEN ONLY **$15.99** 2160-2170 CAL

12 PC TENDERS
3 LARGE SIDES & 6 BISCUITS

$42.99 5140-8000 CAL

CHICKEN ONLY **$22.99** 3240-3250 CAL

8 PC MIXED CHICKEN
2 LARGE SIDES & 4 BISCUITS

$28.99 4650-6870 CAL

CHICKEN ONLY **$15.99** 3490-3500 CAL

12 PC MIXED CHICKEN
3 LARGE SIDES & 6 BISCUITS

$42.99 7080-8990 CAL

CHICKEN ONLY **$22.99** 5230-5250 CAL

8 PC FISH FILLETS
2 LARGE SIDES & 4 BISCUITS

$37.99 4040-5940 CAL

FISH ONLY **$24.99** 2770 CAL

12 PC FISH FILLETS
3 LARGE SIDES & 6 BISCUITS

$55.99 6050-8910 CAL

FISH ONLY **$36.99** 4160 CAL

DIPPING SAUCE

$.69 /ea.

Buffalo Sauce	50 cal	**Sassy Sauce**	220 cal
Cocktail Sauce	60 cal	**Sweet & Sour**	60 cal
Honey Mustard	190 cal	**Sweet N' Smokey BBQ**	70 cal
Ranch Dressing	240 cal	**Tartar Sauce**	160 cal

ARE YOU 100% SATISFIED?

GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!
www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.
For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *menu*



Carlinville ZX #220

455 North Broad Street
Carlinville, IL 62626
217-854-2474

box includes Battered Fries & Sassy Sauce

SIDES

Regular **$2.49** | Large **$5.99**

Battered Fries	330/1000 cal
Potato Wedges	310/930 cal
Mac & Cheese	190/580 cal
Mashed Potatoes	170-180/530-560 cal
Sweet Corn	210/630 cal
Cinnamon Apples	220/650 cal

make it a **big** box add **$2.00**

Add 1 Reg. Side Item & Biscuit

340-620 cal

CHICKEN boxes

1 THE REAL CHAMP

Box **$8.49** 1020 cal

Sandwich Only $6.49 690 cal



2 2 PC Tenders

Box **$7.99** 880 cal

Chicken Only $4.89 540 cal

3 3 PC Tenders

Box **$9.99** 1030-1040 cal

Chicken Only $7.29 700 cal

4 8 PC Dippers

Box **$7.49** 950 cal

Chicken Only $6.29 620 cal



SEAFOOD boxes

5 1 pc FISH

Box **$5.99** 790 cal

Fish Only $3.99 460 cal

6 2 pc FISH

Box **$8.99** 1030 cal

Fish Only $6.99 690 cal

bone-in CHICKEN boxes

WHITE (BREAST & WING)

7 2 pc CHICKEN

Box **$7.49** 1370-1380 cal

Chicken Only $5.29 1080-1090 cal

DARK (THIGH & LEG)

8 2 pc CHICKEN

Box **$6.49** 1050 cal

Chicken Only $4.29 760 cal

dipper BOWL $7.49

630-640 cal



2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

NUTRITIONAL REPORT

Carlinville ZX #220
455 North Broad Street
Carlinville, IL 62626

BREAKFAST MENU 2024

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
BREAKFAST LINE 1	1-Meat, Egg, & Cheese Sandwich	410 - 620	23 - 42	11 - 20	0	170 - 185	1000 - 2100	29 - 38	0 - < 1	4 - 5	< 1 - 3	18 - 26	x		x			x		x		x	
	3-Meat, Egg, & Cheese Sandwich	750 - 830	54 - 59	22 - 26	0	230	1840 - 2630	31 - 39	0 - < 1	5	< 1 - 3	36	x		x			x		x		x	
	Chicken Tender Biscuit	450	21	9	0	40	1570 - 1660	45	1	3	< 1	18	x		x			x		x		x	
	Biscuits & Gravy Half Order	380	19	10	0	< 5	1490	44	1	5	2	6			x			x		x		x	
	Breakfast Burrito w/ Sausage Gravy	710	45	17	0	265	1920	45	1	2	0	32	x		x			x		x		x	
BREAKFAST LINE 2	1-Meat Sandwich (No Egg/Cheese)	260 - 470	12 - 31	5 - 14	0	15 - 30	450 - 1550	27 - 36	0 - < 1	3 - 4	< 1 - 3	9 - 16	x		x			x		x		x	
	Biscuits & Gravy Full Order	750	37	20	0	10	2980	88	2	9	4	11			x			x		x		x	
BREAKFAST - ADD ON	Hash Stix, 6 ct	270	18	4	0	0	390	25	2	0	0	3											

VALUE BOX+LUNCH/DINNER MENU C

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
VALUE BOXES	Chicken Sandwich Box	1020	57	10	0	90 - 95	2670 - 2780	90 - 91	2	12	10	37	x		x			x		x		x	
	2 pc Chicken Tender Box	880	60	11	0	85 - 90	2290 - 2470	56 - 57	< 1 - 1	3	2	31	x		x			x		x		x	
	3 pc Chicken Tender Box	1030 - 1040	67	12	0	125 - 130	2880 - 3150	66 - 67	1	4	2	44 - 45	x		x			x		x		x	
	8 pc. Dipper Box	950	61 - 62	10	0	130	2550 - 2750	58 - 59	< 1 - 1	3	2	45	x		x			x		x		x	
	1 pc. Fish Fillet Box	790	59	11	0	50	2090	50	< 1	3	2	19	x	x	x			x		x		x	
	2 pc. Fish Fillet Box	1030	73	14	0	95	3070	63	< 1	3	2	36	x	x	x			x		x		x	
	2 pc. Chicken Box White Meat	1370 - 1380	92	23	0	245	3130 - 3480	71 - 72	1 - 2	1	0	70 - 71	x		x			x		x		x	
	2 pc. Chicken Box Dark Meat	1050	70	17 - 18	0	175 - 180	2340 - 2560	56 - 57	< 1	< 1	0	51	x		x			x		x		x	
	Dipper Bowl	630 - 640	30	14	0	85 - 90	1540 - 1900	45 - 49	4	12	5	31	x		x			x		x		x	
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x		x	
PROTEIN ONLY	Premium Chicken Sandwich Original	690	35	6	0	90 - 95	2050 - 2170	57	2	12	10	34	x		x			x		x		x	
	2 pc. Chicken Tenders	540	38	6	0	85 - 90	1670 - 1850	23 - 24	< 1 - 1	3	2	28	x		x			x		x		x	
	3 pc. Chicken Tenders	700	45	7	0	125 - 130	2260 - 2530	33 - 34	1	3	2	42	x		x			x		x		x	
	8 pc. Chicken Dippers	620	40	6	0	130	1940 - 2140	25	< 1 - 1	3	2	42	x		x			x		x		x	
	1 pc. Fish Fillet	460	37	7	0	50	1470	17	< 1	3	2	17	x	x	x			x				x	
	2 pc. Fish Fillet	690	51	9	0	95	2460	30	< 1	3	2	33	x	x	x			x				x	
	2 pc. Chicken White (Breast/Wing Image)	1080 - 1090	70 - 71	18	0	245	2830 - 3260	46 - 48	2	1	0	69	x		x			x		x		x	
	2 pc. Chicken Dark (Thigh/Leg Image)	760	49	13	0	175 - 180	2080 - 2380	32 - 33	1	< 1	0	50	x		x			x		x		x	

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	340 - 620	22 - 36	10 - 16	0	0 - 25	1090 - 2410	41 - 80	< 1 - 3	3 - 30	< 1 - 19	4 - 12	x		x			x		x		x	
OMS ONLY	1 pc. Chicken Tender	160	7	1	0	40	590 - 680	10	0	0	0	14	x		x			x		x		x	
	1 pc. Shrimp	70	4	1	0	0	170	6	0	1	0	2					x			x		x	
	1 pc. Buttermilk Biscuit	290	14	8	0	0	980	35	< 1	3	< 1	4			x			x		x			
	1 pc. Chicken Breast	810	54 - 55	14	0	190	1950 - 2230	29 - 31	< 1 - 1	< 1	0	53	x		x			x		x		x	
	1 pc. Chicken Thigh	480	33	9	0	120	1150 - 1290	15	0 - < 1	0	0	32 - 33	x		x			x		x		x	
	1 pc. Chicken Leg	230	16	4	0	60	510 - 570	6 - 7	0	0	0	16	x		x			x		x		x	
	1 pc. Chicken Wing	230	15	4	0	55	560 - 630	8	0	0	0	15	x		x			x		x		x	
	Small Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	< 1 - 1	3	2	43 - 45	x		x					x		x	
	Large Livers or Gizzards	990 - 1000	59 - 62	10 - 13	0	760 - 1250	2380 - 3920	42 - 53	1 - 2	3 - 4	2	64 - 67	x		x					x		x	
	Gooey Brownie Bliss	370	18	4.5	5	15	85	52	0	36	33	3	x		x			x		x		x	
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x		x	
	Potato Wedges *Classic*	310	12	2	0	0	1430	45	2	2	0	6											
	Mashed Potatoes & Gravy	170 - 180	8	7 - 8	0	15 - 20	540 - 800	6 - 9	1	2	0 - < 1	3			x			x		x		x	
	Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x		x					x		x	
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3						x		x		x	
	Cinnamon Apples	220	10	3.5	0	< 5	110	33	< 1	27	18	0						x					

VALUE BOX+LUNCH/DINNER MENU C

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
		NUTRITIONAL INFORMATION												ALLERGEN INFORMATION									
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8								x		x	
	Potato Wedges *Classic*	930	37	6	0	0	4280	134	7	5	0	19											
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x		x					x		x	
	Mashed Potatoes & Gravy	530 - 560	26	23	0.5 - 1	40 - 60	1680 - 2460	17 - 26	4 - 5	5	0 - 2	9 - 10			x			x		x		x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10						x		x		x	
	Cinnamon Apples	650	31	11	0	15	330	100	3	80	53	1						x					
FAMILY MEALS	8 pc Tenders Family Meal	3430 - 5340	251 - 339	67 - 98	0.5 - 2	350 - 515	11280 - 19890	248 - 502	7 - 22	26 - 185	12 - 119	131 - 178	x		x			x		x		x	
	8 pc. Chicken Tenders Only	2160 - 2170	152	24	0.5	350 - 355	6690 - 7410	92 - 94	3 - 4	12 - 13	8	112	x		x			x		x		x	
	12 pc Tenders Family Meal	5140 - 8000	376 - 509	101 - 147	1 - 3	520 - 775	16920 - 29830	373 - 753	11 - 34	39 - 277	19 - 178	196 - 267	x		x			x		x		x	
	12 pc. Chicken Tenders Only	3240 - 3250	227 - 229	36	1	520 - 530	10040 - 11120	137 - 141	5 - 6	19	13	168	x		x			x		x		x	
	8 pc Mixed Chicken Family Meal	4950 - 6870	337 - 426	106 - 137	0 - 1.5	840 - 1015	14420 - 23760	314 - 570	9 - 25	18 - 177	4 - 110	257 - 305	x		x			x		x		x	
	8 pc. Mixed Chicken Only	3490 - 3500	236 - 237	62 - 63	0	840 - 850	8360 - 9460	118 - 122	4 - 5	3	0	232	x		x			x		x		x	
	12 pc Mixed Chicken Family Meal	7080 - 8990	481 - 571	153 - 184	0 - 1.5	1260 - 1435	19090 - 28610	403 - 660	12 - 28	24 - 183	6 - 112	375 - 422	x		x			x		x		x	
	12 pc. Mixed Chicken Only	5230 - 5250	354 - 356	94	0	1260 - 1275	12540 - 14180	176 - 182	6 - 8	5	0	348 - 349	x		x			x		x		x	
	8 pc Fish Family Meal	4040 - 5940	304 - 391	81 - 112	0.5 - 2	370 - 530	14410 - 22290	275 - 526	8 - 22	26 - 184	12 - 119	150 - 197	x	x	x			x		x		x	
	8 pc. Fish Fillets Only	2770	205	38	0.5	370	9820	119	4	12	8	131	x	x	x			x				x	
	12 pc Fish Family Meal	6050 - 8910	455 - 587	121 - 167	1 - 3	555 - 795	21620 - 33440	413 - 789	12 - 33	39 - 277	19 - 178	225 - 295	x	x	x			x		x		x	
	12 pc. Fish Fillets Only	4160	307	56	1	555	14730	178	6	18	13	197	x	x	x			x				x	

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
		NUTRITIONAL INFORMATION												ALLERGEN INFORMATION									
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1						x		x			
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x										
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x		x								
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x		x							x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0											
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0											
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x										

2022-04 CATERING MENU - CUSTOM

	Item Description	Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
		NUTRITIONAL INFORMATION												ALLERGEN INFORMATION									
CATERING	20 pc. Chicken Tenders	3180	143	24	0	780	11810	201	6	5	0	275			x					x		x	
	24+ pc. Chicken Tenders	160	7	1	0	40	590	10	0	0	0	14			x					x		x	
	20 pc. White Fish Fillets	4690	276	58	0	835	19640	262	8	5	0	323		x				x					
	24+ pc. White Fish Fillets	230	14	3	0	40	980	13	0	0	0	16		x				x					
	40 pc. Chicken Dippers	1980	81	11	0	600	7230	110	4	3	0	208			x					x		x	
	60+ pc. Chicken Dippers	50	2	0	0	15	180	3	0	0	0	5			x					x		x	
	20 pc. Mixed Chicken	8740	590	156	0	2100	20900	304	10	8	0	581			x					x		x	
	48 pc. Mixed Chicken	20990	1416	375	0	5035	50160	730	23	18	0	1394			x					x		x	
	72 pc. Mixed Chicken	31480	2125	562	0	7555	75240	1094	35	27	0	2092			x					x		x	
	96 pc. Mixed Chicken	41970	2833	749	0	10070	100320	1459	47	37	0	2789			x					x		x	

***PLEASE NOTE:**
While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 4/6/2026