

feed **A CROWD**

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS

2 LARGE SIDES & 4 BISCUITS

\$29.99 3420-7180 CAL

CHICKEN ONLY **\$16.99** 2160-2170 CAL

8 PC FISH FILLETS

2 LARGE SIDES & 4 BISCUITS

\$35.99 4030-7790 CAL

FISH ONLY **\$24.99** 2780 CAL

12 PC TENDERS

3 LARGE SIDES & 6 BISCUITS

\$42.99 5130-10780 CAL

CHICKEN ONLY **\$23.99** 3240-3250 CAL

12 PC FISH FILLETS

3 LARGE SIDES & 6 BISCUITS

\$55.99 6050-11690 CAL

FISH ONLY **\$36.99** 4160 CAL

DIPPING SAUCE

\$.69 /ea.

Buffalo Sauce 50 cal

Cocktail Sauce 60 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

ARE YOU 100% SATISFIED?



**GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!**

www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



Fast Gas #1-Salem

84 East SR 198
Salem, UT 84653

(801) 423-1255



box
includes
French Fries
& **Sassy Sauce**

*side substitution, add \$.30

SIDES

Classic Regular **\$2.69** | Large **\$5.49**

French Fries 330//1000 cal
Potato Wedges 260//780 cal

Premium Regular **\$2.99** | Large **\$5.99**

*Mac & Cheese 190//580 cal
*Mashed Potatoes 170-180//530-560 cal
*Sweet Corn 210//630 cal
*Green Beans 60//190 cal

make it a **big box** add **\$3.00**

Add 1 Reg. Side Item & Biscuit
280-910 cal

CHICKEN boxes

THE REAL CHAMP

1

Box \$7.99 1030 cal
Sandwich Only \$5.99 700 cal



2

2 PC Tenders

Box \$6.99 880 cal
Chicken Only \$4.99 540 cal

3

3 PC Tenders

Box \$8.79 1030-1040 cal
Chicken Only \$6.79 700 cal

4

8 PC Dippers

Box \$7.49 950 cal
Chicken Only \$5.49 620 cal



dipper **BOWL** **\$7.49**
630-640 cal



DIPPERS • MASHED POTATOES • CORN • GRAVY • CHEESE



SEAFOOD boxes

5

1 pc FISH

Box \$5.99 790 cal
Fish Only \$3.99 460 cal

6

6 pc SHRIMP

Box \$8.99 970 cal
Shrimp Only \$6.99 630 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

your morning **BREAKFAST** *Never Looked* **SO GOOD**



**CHAMPS
CHICKEN**

1 breakfast
SANDWICH

Sausage w/Egg & Cheese
\$3.69 640-650 cal

Sausage Biscuit Only
\$2.69 390-400 cal



2 biscuit
& **GRAVY**

1 Biscuit & Sausage Gravy
\$3.29 310 cal

2 Biscuits & Sausage Gravy
\$4.69 610 cal



3 breakfast
BURRITO

Bacon, Sausage, Egg, Cheese & Sausage Gravy
\$4.29 790 cal



4 breakfast
BOWL

Bacon, Sausage, Potato Wedges & Sausage Gravy
\$6.29 640 cal



2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

available until **10 AM** everyday

FAST GAS 1 BOX MENU

NUTRITIONAL INFORMATION

ALLERGEN INFORMATION

	Item Description	NUTRITIONAL INFORMATION											ALLERGEN INFORMATION											
		Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
VALUE BOXES	Chicken Sandwich Box	1030	57	10	0	90 - 95	2650 - 2770	92 - 93	2	10	9	38	x	x			x	x	x					
	2 pc Chicken Tender Box	880	60	11	0	85 - 90	2290 - 2470	56 - 57	< 1 - 1	3	2	31	x	x			x	x	x					
	3 pc Chicken Tender Box	1030 - 1040	67	12	0	125 - 130	2880 - 3150	66 - 67	1	4	2	44 - 45	x	x			x	x	x					
	8 pc Dipper Box	950	61 - 62	10	0	130	2550 - 2750	58 - 59	< 1 - 1	3	2	45	x	x			x	x	x					
	1 pc Fish Fillet Box	790	59	11	0	50	2080	50	< 1	3	2	19	x	x	x				x	x				
	6 pc Shrimp Box	970	70	13	0	20	2120	73	2	11	3	16	x	x		x		x	x					
	Dipper Bowl	630 - 640	30	14	0	85 - 90	1540 - 1900	45 - 49	4	12	5	31	x	x			x	x	x					
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3							x	x				
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90 - 95	2040 - 2150	59	2	10	9	35	x	x			x	x	x					
	2 pc Chicken Tenders	540	38	6	0	85 - 90	1670 - 1850	23 - 24	< 1 - 1	3	2	28	x	x			x	x	x					
	3 pc Chicken Tenders	700	45	7	0	125 - 130	2260 - 2530	33 - 34	1	3	2	42	x	x			x	x	x					
	8 pc Chicken Dippers	620	40	6	0	130	1940 - 2140	25	< 1 - 1	3	2	42	x	x			x	x	x					
	1 pc Fish Fillet	460	37	7	0	50	1460	17	< 1	3	2	17	x	x	x					x	x			
	6 pc Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x	x		x		x	x					
ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	280 - 910	14 - 60	6 - 14	0	0 - 25	730 - 1690	32 - 86	< 1 - 3	1 - 28	0 - 18	3 - 11	x	x	x		x	x	x					
	Reg Side Item Substitution	0	0	0	0	0	0	0	0	0	0	0												
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3							x	x				
	6-10 pc. Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5												
	Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x	x					x	x				
	Mashed Potatoes & Gravy	170 - 180	8	7 - 8	0	15 - 20	540 - 800	6 - 9	1	2	0 - < 1	3		x			x	x	x					
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3					x	x	x					
	Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2												
	Cinnamon Apples	220	10	3.5	0	< 5	110	33	< 1	27	18	0					x							
	8 pc. Hushpuppies	690	50	9	0	< 5	830	59	0	16	13	5	x	x	x		x	x	x					
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8							x	x				
	18-20 pc. Seasoned Potato Wedges	780	28	3	0	0	3210	122	0	6	0	14												
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x	x					x	x				
	Mashed Potatoes & Gravy	530 - 560	26	23	0.5 - 1	40 - 60	1680 - 2460	17 - 26	4 - 5	5	0 - 2	9 - 10		x			x	x	x					
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10					x	x	x					
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5												
	Cinnamon Apples	650	31	11	0	15	330	100	3	80	53	1					x							
24 pc. Hushpuppies	2070	150	26	0.5	10	2500	176	0	48	39	15	x	x	x		x	x	x						
FAMILY MEALS	8 pc Tenders Family Meal	3420 - 7180	213 - 492	50 - 96	0.5 - 2	350 - 515	9840 - 16320	216 - 554	7 - 22	18 - 177	8 - 115	127 - 174	x	x	x		x	x	x					
	8 pc. Chicken Tenders Only	2160 - 2170	152	24	0.5	350 - 355	6690 - 7410	92 - 94	3 - 4	12 - 13	8	112	x	x			x	x	x					
	12 pc Tenders Family Meal	5130 - 10780	320 - 738	74 - 144	1 - 3	520 - 775	14760 - 24480	325 - 831	11 - 34	27 - 265	13 - 172	190 - 261	x	x	x		x	x	x					
	12 pc. Chicken Tenders Only	3240 - 3250	227 - 229	36	1	520 - 530	10040 - 11120	137 - 141	5 - 6	19	13	168	x	x			x	x	x					
	8 pc Fish Family Meal	4030 - 7790	266 - 545	63 - 109	0.5 - 2	370 - 530	12880 - 18630	243 - 578	8 - 23	18 - 177	8 - 115	146 - 193	x	x	x		x	x	x					
	8 pc. Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x	x								x	
	12 pc Fish Family Meal	6050 - 11690	400 - 817	95 - 164	1 - 3	555 - 795	19310 - 27940	365 - 868	12 - 34	27 - 265	13 - 172	219 - 290	x	x	x		x	x	x					
12 pc. Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x	x								x		
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0												
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1					x	x						
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x											
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x	x										
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x	x									x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0												
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0												
Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x												

BREAKFAST BOX VALUE SALEM FAST GAS

NUTRITIONAL INFORMATION

ALLERGEN INFORMATION

	Item Description	NUTRITIONAL INFORMATION											ALLERGEN INFORMATION										
		Cals (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
BREAKFAST LINE 1	1 Meat, Egg, & Cheese Sandwich	640 - 650	46	17 - 18	0	445	880 - 1310	29	0 - < 1	2 - 5	0 - 3	24 - 25	x		x		x	x	x				
	Biscuits & Gravy Half Order	310	15	7	0	< 5	1130	36	1	3	< 1	5			x		x	x	x				
	Breakfast Burrito w/ Sausage Gravy	790	48	16	0	630	1410	52	0	2	0	34	x		x		x	x	x				
	Breakfast Bowl	640	45	14	0	645	1430	27	0	2	< 1	31	x		x		x	x	x				
BREAKFAST LINE 2	1 Meat Sandwich (No Egg/Cheese)	390 - 400	26 - 27	10 - 11	0	30	450 - 880	28	0 - < 1	< 1 - 4	0 - 3	8 - 9	x		x		x	x	x				
	Biscuits & Gravy Full Order	610	29	14	0	10	2260	72	2	5	2	9			x		x	x	x				

*PLEASE NOTE: While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.