

feed **A CROWD**

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS

2 LARGE SIDES & 4 BISCUITS

\$29.99 3430-5340 CAL

CHICKEN ONLY **\$16.99** 2160-2170 CAL

12 PC TENDERS

3 LARGE SIDES & 6 BISCUITS

\$42.99 5140-8000 CAL

CHICKEN ONLY **\$23.99** 3240-3250 CAL

8 PC MIXED CHICKEN

2 LARGE SIDES & 4 BISCUITS

\$29.99 4760-6680 CAL

CHICKEN ONLY **\$16.99** 3500-3510 CAL

12 PC MIXED CHICKEN

3 LARGE SIDES & 6 BISCUITS

\$42.99 7150-10020 CAL

CHICKEN ONLY **\$23.99** 5250-5260 CAL

8 PC FISH FILLETS

2 LARGE SIDES & 4 BISCUITS

\$35.99 4040-5940 CAL

FISH ONLY **\$24.99** 2780 CAL

12 PC FISH FILLETS

3 LARGE SIDES & 6 BISCUITS

\$55.99 6060-8920 CAL

FISH ONLY **\$36.99** 4160 CAL

DIPPING SAUCE

\$.69 /ea.

Buffalo Sauce 50 cal

Cocktail Sauce 60 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

ARE YOU 100% SATISFIED?



GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!

www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



Gas Express #197

1605 Troy Smith Rd
Monroe, GA 30656
(678) 635-6215



box
includes
French Fries
& **Sassy Sauce**

*side substitution, add \$.30

SIDES

Classic Regular **\$2.69** | Large **\$5.49**

French Fries 330//1000 cal
Potato Wedges 260-310//780-930 cal

Premium Regular **\$2.99** | Large **\$5.99**

*Mac & Cheese 190//580 cal
*Mashed Potatoes 170-180//510-560 cal
*Green Beans 60//190 cal
*Sweet Corn 210//630 cal

make it a **big box** add **\$3.00**

Add 1 Reg. Side Item & Biscuit
340-620 cal

CHICKEN boxes

THE REAL CHAMP

1
Box **\$7.99** 1030 cal
Sandwich Only **\$5.99** 700 cal



2 PC Tenders

Box **\$6.99** 880 cal
Chicken Only **\$4.99** 540 cal

3 PC Tenders

Box **\$8.79** 1030-1040 cal
Chicken Only **\$6.79** 700 cal

8 PC Dippers

Box **\$7.49** 950 cal
Chicken Only **\$5.49** 620 cal



Local FAVORITES

5 **1 pc FISH**

Box **\$5.99** 790 cal
Fish Only **\$3.99** 460 cal

6 **LIVERS OR GIZZARDS**

Box **\$6.49** 1070 cal
Chicken Only **\$4.49** 740 cal

bone-in CHICKEN boxes

7 **2 pc CHICKEN**
DARK (THIGH & LEG)

Box **\$7.29** 1040 cal
Chicken Only **\$5.29** 700 cal

8 **2 pc CHICKEN**
WHITE (BREAST & WING)

Box **\$8.29** 1390 cal
Chicken Only **\$6.29** 1050 cal

dipper BOWL **\$7.49**
630-640 cal



DIPPERS • MASHED POTATOES • CORN • GRAVY • CHEESE

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

your morning **BREAKFAST** Never Looked **SO GOOD**



make it a **combo** add **\$2**
Add Potato Wedges 260 cal



1 breakfast **SANDWICH**

Bacon or Ham or Sausage w/Egg & Cheese

\$3.49 Biscuit or Croissant
390-610 cal

Bacon or Ham or Sausage Only
\$2.49 Biscuit or Croissant
250-470 cal



2 **MEGA** breakfast **SANDWICH**

Bacon, Ham, & Sausage w/Egg & Cheese

\$6.49 Biscuit or Croissant
620-700 cal

Bacon, Ham, & Sausage Only
\$4.99 Biscuit or Croissant
480-560 cal



3 **THE** breakfast **CHAMP**

Chicken Tender w/Egg & Cheese

\$4.69 Biscuit or Croissant
510-590 cal

Chicken Tender Sandwich Only

\$2.69 Biscuit or Croissant
370-450 cal



4 biscuit **& GRAVY**

1 Biscuit & Sausage Gravy

\$3.29 380 cal

2 Biscuits & Sausage Gravy

\$5.79 750 cal



5 breakfast **BURRITO**

Bacon, Sausage, Egg, Cheese & Sausage Gravy

\$4.69 580 cal



2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

available until **10 AM** everyday

		LUNCH BOX TEST - TIER 0																				
		NUTRITIONAL INFORMATION										ALLERGEN INFORMATION										
Item Description		Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
VALUE BOXES	Chicken Sandwich Box	1030	57	10	0	90 - 95	2650 - 2770	92 - 93	2	10	9	38	x	x			x	x	x			
	2 pc Chicken Tender Box	880	60	11	0	85 - 90	2290 - 2470	56 - 57	<1 - 1	3	2	31	x	x			x	x	x			
	3 pc Chicken Tender Box	1030 - 1040	67	12	0	125 - 130	2880 - 3160	66 - 67	1	4	2	44 - 45	x	x			x	x	x			
	8 pc Dipper Box	950	61 - 62	10	0	130	2550 - 2750	58 - 59	<1 - 1	3	2	45	x	x			x	x	x			
	1 pc Fish Fillet Box	790	59	11	0	50	2080	50	<1	3	2	19	x	x			x	x	x			
	Livers or Gizzards Box	1070	69 - 71	13 - 14	0	510 - 835	2370 - 3400	62 - 70	<1 - 1	3 - 4	2	46 - 48	x	x			x	x	x			
	2 pc Chicken Box Dark Meat	1040	70	17	0	175	2350 - 2570	56 - 57	<1	<1	0	51	x	x			x	x	x			
	2 pc Chicken Box White Meat	1390	92 - 93	23	0	245 - 250	3150 - 3510	71 - 72	1 - 2	1	0	72	x	x			x	x	x			
	Dipper Bowl	630 - 640	29 - 30	14	0	85 - 90	1800 - 2040	46 - 49	4	12 - 13	5	31	x	x			x	x	x			
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3							x			
PROTEIN ONLY	Premium Chicken Sandwich Original	700	35	6	0	90 - 95	2040 - 2150	59	2	10	9	35	x	x			x	x	x			
	2 pc Chicken Tenders	540	38	6	0	85 - 90	1670 - 1860	23 - 24	<1 - 1	3	2	28	x	x			x	x	x			
	3 pc Chicken Tenders	700	45	7	0	125 - 130	2260 - 2540	33 - 34	1	3	2	42	x	x			x	x	x			
	8 pc Chicken Dippers	620	40	6	0	130	1940 - 2140	25	<1 - 1	3	2	42	x	x			x	x	x			
	1 pc Fish Fillet	460	37	7	0	50	1460	17	<1	3	2	17	x	x								
	Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	<1 - 1	3	2	43 - 45	x	x					x	x		
	2 pc Chicken Dark (Thigh/Leg Image)	700	48	13	0	175	1670 - 1870	21 - 22	<1	<1	0	48	x	x			x	x	x			
	2 pc Chicken White (Breast/Wing Image)	1050	71	19	0	245 - 250	2540 - 2900	38 - 39	1 - 2	<1 - 1	0	69	x	x			x	x	x			
	ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	240 - 620	18 - 26	9 - 16	0	0 - 25	1150 - 2410	40 - 80	<1 - 3	3 - 13	<1 - 6	6 - 12	x	x			x	x	x		
Reg Side Item Substitution		0	0	0	0	0	0	0	0	0	0	0										
OMS ONLY	1 pc Chicken Tender	160	7	1	0	40	590 - 680	10	0	0	14	x	x			x	x	x				
	1 pc Shrimp	70	4	1	0	0	170	6	0	1	0	2					x		x			
	1 pc Buttermilk Biscuit	290	14	8	0	0	980	35	<1	3	<1	4			x		x	x				
	1 pc Chicken Breast	820 - 830	55 - 56	15	0	195	1980 - 2260	29 - 31	<1 - 1	<1	0	54	x	x			x	x	x			
	1 pc Chicken Thigh	470	32	8	0	115	1150 - 1290	15	0 - <1	0	0	31	x	x			x	x	x			
	1 pc Chicken Leg	230	16	4.5	0	60	530 - 590	6 - 7	0	0	0	16	x	x			x	x	x			
	1 pc Chicken Wing	230	15	4	0	55	560 - 640	8	0	0	0	15	x	x			x	x	x			
	Fish Fillet Sandwich	680	40	7	0	50	1870	59	2	10	9	24	x	x					x	x		
	Small Livers or Gizzards	740	47 - 49	8 - 10	0	510 - 835	1750 - 2780	29 - 37	<1 - 1	3	2	43 - 45	x	x					x	x		
	Large Livers or Gizzards	990 - 1000	59 - 62	10 - 13	0	760 - 1250	2380 - 3920	42 - 53	1 - 2	3 - 4	2	64 - 67	x	x					x	x		
	8 pc Hushpuppies	550	34	6	0	0	1380	57	2	11	10	6	x	x			x	x	x			
	Cinnamon Apples	220	10	3.5	0	<5	110	33	<1	27	18	0							x			
	Collard Greens	70	4	1.5	0	<5	660	6	2	2	1	2							x			
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3							x			
	Potato Wedges "Classic"	260 - 310	9 - 12	1 - 2	0	0	1070 - 1430	41 - 45	0 - 2	2	0	5 - 6										
	Macaroni & Cheese	190	9	6	0	25	840	19	<1	2	0	8	x	x					x			
	Mashed Potatoes & Gravy	170 - 180	7 - 8	7 - 8	0	15	800 - 940	6 - 9	1	2 - 3	0	3			x				x	x		
	Green Beans	60	3.5	1.5	0	<5	530	5	1	2	0	2										
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3							x	x		
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	<1	0	8							x	x		
	Potato Wedges "Classic"	780 - 930	28 - 37	3 - 6	0	0	3210 - 4280	122 - 134	0 - 7	5 - 6	0	14 - 19										
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x	x					x			
	Mashed Potatoes & Gravy	510 - 560	23 - 26	23	0.5	40 - 45	2460 - 2890	19 - 26	4 - 5	5 - 8	0	9 - 10			x				x	x		
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5										
FAMILY MEALS	8 pc Tenders Family Meal	3430 - 5340	229 - 330	62 - 98	0.5 - 2	350 - 515	11640 - 19900	250 - 502	7 - 22	26 - 84	12 - 40	137 - 178	x	x			x	x	x			
	8 pc Chicken Tenders Only	2160 - 2170	152	24	0.5	350 - 355	6690 - 7430	92 - 94	3 - 4	12 - 13	8	112	x	x			x	x	x			
	12 pc Tenders Family Meal	5140 - 8000	344 - 509	92 - 147	1 - 3	520 - 775	17460 - 29850	375 - 753	11 - 34	89 - 126	19 - 60	205 - 267	x	x			x	x	x			
	12 pc Chicken Tenders Only	3240 - 3250	227 - 229	36	1	520 - 530	10040 - 11140	137 - 141	5 - 6	19	13	168	x	x			x	x	x			
	8 pc Mixed Chicken Family Meal	4760 - 6680	315 - 425	100 - 137	0 - 1	845 - 1015	13370 - 22010	276 - 529	8 - 23	17 - 74	4 - 32	258 - 299	x	x			x	x	x			
	8 pc Mixed Chicken Only	3500 - 3510	237 - 238	63	0	845 - 855	8420 - 9540	118 - 122	4 - 5	3	0	233	x	x			x	x	x			
	12 pc Mixed Chicken Family Meal	7150 - 10020	472 - 637	150 - 205	0 - 2	1265 - 1520	20080 - 33020	414 - 794	12 - 35	25 - 112	6 - 48	387 - 449	x	x			x	x	x			
	12 pc Mixed Chicken Only	5250 - 5260	355 - 357	94	0	1265 - 1280	12640 - 14310	176 - 183	6 - 8	5	0	349 - 350	x	x			x	x	x			
	8 pc Fish Family Meal	4040 - 5940	282 - 391	75 - 112	0.5 - 2	370 - 530	14670 - 22200	277 - 526	8 - 23	26 - 84	12 - 40	156 - 197	x	x			x	x	x			
	8 pc Fish Fillets Only	2780	205	38	0.5	370	9730	119	4	12	8	131	x	x			x	x	x			
	12 pc Fish Family Meal	6080 - 8920	424 - 587	113 - 167	1 - 3	555 - 795	22010 - 33300	415 - 789	12 - 34	39 - 125	19 - 60	235 - 296	x	x			x	x	x			
	12 pc Fish Fillets Only	4160	307	56	1	555	14590	178	6	19	13	197	x	x								
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0										
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	<1	8	7	<1						x		x		
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x									
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	<1	x	x								
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	<1	x	x								x
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0										
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	<1	17	13	0										
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x									

		NUTRITIONAL INFORMATION										ALLERGEN INFORMATION										
Item Description		Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
BREAKFAST LINE 1	1-Meat, Egg, & Cheese Sandwich	390 - 610	23 - 42	11 - 20	0	145 - 170	840 - 1750	28 - 37	0 - 1	4 - 5	<1 - 3	16 - 18	x	x			x	x	x			
	3-Meat, Egg, & Cheese Sandwich	620 - 700	43 - 48	18 - 22	0	190 - 195	1360 - 2150	30 - 38	0 - 1	4 - 5	<1 -											