

# FAMILY MEALS

	FRIED CHICKEN	CHICKEN TENDERS
<b>8 PIECE [SERVES 4]</b>		
w/ 2 Large Sides & 4 Biscuits	\$31.99 4490-6400 cal	\$32.99 3150-5060 cal
8 piece only	\$18.99 3510 cal	\$18.99 2170 cal
<b>12 PIECE [SERVES 6]</b>		
w/ 3 Large Sides & 6 Biscuits	\$45.99 6740-9600 cal	\$47.99 4730-7580 cal
12 piece only	\$26.99 5260 cal	\$26.99 3250 cal

# TAKEOUT

## Mehu



## ARE YOU 100% SATISFIED?



GIVE US YOUR FEEDBACK!  
CONNECT WITH US!  
GET GREAT DEALS!

[www.ChampsChicken.com/connect](http://www.ChampsChicken.com/connect)

JOIN CHAMPS CHICKEN  
TO SUPPORT



TEXT HERO TO 28748

## Crow Creek C Store

1033 Wounded Knee Rd  
Ft. Thompson, SD 57339  
**605-245-2257**

Each Champs Chicken location is independently owned & operated.  
For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

# FAVORITES

**A MEAL INCLUDES**  
2 SIDES, BISCUIT & SAUCE



**1** **2 PC. TENDERS**  
**Meal \$9.49** 640-1110 cal  
*Chicken Only* \$5.49 540 cal



**2** **3 PC. TENDERS**  
**Meal \$11.29** 800-1270 cal  
*Chicken Only* \$7.29 700 cal



**3** **8 PC. DIPPERS**  
**Meal \$11.19** 720-1190 cal  
*Chicken Only* \$7.19 620 cal



**4** **DIPPER BOWL**  
**Entrée \$7.99** 630-640 cal  
Includes Biscuit



**5** **2 PC. CHICKEN**  
**Meal \$9.49** 1370-2090 cal  
*Chicken Only* \$5.49 1130-1370 cal



**6** **3 PC CHICKEN**  
**Meal \$11.49** 1600-2550 cal  
*Chicken Only* \$7.49 1400-1880 cal

# SIDE ITEMS

INDIVIDUAL	FAMILY
<b>\$2.99</b>	<b>\$5.79</b>

Potato Wedges 310/930 cal  
French Fries 330/1000 cal  
Mashed Potatoes 170-180/510-560 cal

Green Beans 60/190 cal  
Sweet Corn 210/630 cal  
Cinnamon Apples 220/650 cal

# BY THE PIECE

Chicken Tender \$2.79 160 cal  
Buttermilk Biscuit \$1.09 220 cal  
Shrimp \$1.49 70 cal  
6 pc. Shrimp \$7.49 630 cal

# DIPPING SAUCE

**\$.80 /ea.**

Buffalo Sauce 50 cal  
Cocktail Sauce 60 cal  
Honey Mustard 190 cal  
Ranch Dressing 240 cal

Sassy Sauce 220 cal  
Sweet & Sour 60 cal  
Sweet N' Smokey BBQ 70 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

SMART LUNCH/DINNER [SIMPLIFIED] T4.V2

NUTRITIONAL INFORMATION

ALLERGEN INFORMATION

	Item Description	NUTRITIONAL INFORMATION											ALLERGEN INFORMATION												
		Calo (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sea me		
VALUE MEALS	2 Chicken Tenders Meal	640 - 1110	28 - 71	9 - 19	0	80 - 100	2170 - 4280	53 - 110	2 - 5	2 - 45	0 - 31	31 - 38	x	x			x	x	x				x		
	3 Chicken Tenders Meal	800 - 1270	35 - 78	10 - 20	0	115 - 140	2760 - 4870	63 - 120	2 - 5	2 - 45	0 - 31	45 - 51	x	x			x	x	x				x		
	8 pc. Chicken Dipper Meal	720 - 1190	30 - 73	8 - 19	0	120 - 145	2440 - 4540	55 - 112	2 - 5	2 - 45	0 - 31	45 - 52	x	x			x	x	x				x		
	Dipper Bowl	630 - 640	29 - 30	14	0	85	1800 - 1940	46 - 49	4	12 - 13	5	31			x			x	x	x				x	
	2 pc. Chicken Meal (Breast/Wing Image)	1370 - 2090	84 - 143	25 - 39	0	245 - 330	3250 - 5690	64 - 121	2 - 5	2 - 45	0 - 31	71 - 93	x	x				x	x	x				x	
	3 pc. Chicken Meal (Mixed)	1600 - 2550	99 - 175	29 - 48	0	300 - 445	3540 - 6310	65 - 122	2 - 5	2 - 45	0 - 31	85 - 122	x	x				x	x	x				x	
PROTEIN ONLY	2 pc. Chicken Tenders	540	38	6	0	85	1670	24	< 1	3	2	28	x	x						x			x		
	3 pc. Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x	x						x			x		
	8 pc. Chicken Dippers	620	40	6	0	130	1940	25	< 1	3	2	42	x	x						x			x		
	2 pc. Chicken Mixed (Breast/Wing Image)	1130 - 1370	71 - 87	19 - 23	0	245 - 310	2810 - 3150	46 - 47	1	1	0	70 - 85			x					x				x	
	3 pc. Chicken Mixed	1400 - 1880	86 - 119	23 - 31	0	300 - 420	3400 - 4070	56	2	1	0	85 - 116			x					x				x	
		Potato Wedges *Classic*	310	12	2	0	0	1430	45	2	2	0	6												
SMALL SIDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3										x	x		
	Mashed Potatoes & Gravy	170 - 180	7 - 8	7 - 8	0	15	800 - 940	6 - 9	1	2 - 3	0	3			x										
	Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2													
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3								x			x	x	
	Cinnamon Apples	220	10	3.5	0	< 5	110	33	< 1	27	18	0								x					
		Potato Wedges *Classic*	930	37	6	0	0	4280	134	7	5	0	19												
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8										x	x		
	Mashed Potatoes & Gravy	510 - 560	23 - 26	23	0.5	40 - 45	2460 - 2890	19 - 26	4 - 5	5 - 8	0	9 - 10			x					x	x	x		x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5													
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10								x			x	x	
	Cinnamon Apples	650	31	11	0	15	330	100	3	80	53	1								x					
BY THE PIECE	1 pc. Chicken Tender	160	7	1	0	40	590	10	0	0	0	14			x								x	x	
	1 pc. Buttermilk Biscuit	220	10	5	0	0	620	27	< 1	< 1	0	3			x								x	x	
	1 pc. Shrimp	70	4	1	0	0	170	6	0	1	0	2					x						x	x	
	6 pc. Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x	x	x								x	x	
FAMILY MEALS	8 pc. Tenders Family Meal	3150 - 5060	213 - 322	52 - 86	0.5 - 2	350 - 435	9840 - 17720	221 - 470	7 - 22	18 - 177	8 - 115	127 - 162	x	x					x	x	x			x	
	8 pc. Chicken Tenders Only	2170	152	24	0.5	350	6690	94	3	12	8	112	x	x										x	x
	12 pc. Tenders Family Meal	4730 - 7580	320 - 483	78 - 129	1 - 3	520 - 650	14760 - 26580	331 - 705	11 - 33	27 - 265	13 - 172	191 - 243	x	x					x	x	x			x	
	12 pc. Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x	x										x	x
	8 pc. Mixed Chicken Family Meal	4490 - 6400	299 - 408	91 - 125	0 - 1	845 - 930	11570 - 19460	248 - 497	8 - 22	9 - 167	0 - 106	248 - 283			x				x	x	x			x	
	8 pc. Mixed Chicken Only	3510	237	63	0	845	8420	122	4	3	0	233			x									x	x
	12 pc. Mixed Chicken Family Meal	6740 - 9600	448 - 611	136 - 187	0 - 2	1265 - 1395	17360 - 29180	372 - 746	12 - 33	13 - 251	0 - 159	372 - 425			x				x	x	x			x	
	12 pc. Mixed Chicken Only	5260	355	94	0	1265	12640	183	6	5	0	350			x									x	x
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0													
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1								x				x	
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x												
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x		x										
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x		x									x	
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0													
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0													

**PLEASE NOTE:** While we implement procedures to minimize cross-contact between Champs Chicken items, please be aware that we utilize the same shortening to fry products that contain the following major allergens as defined by the FDA: eggs, fish, dairy, shellfish, soy, tree nuts, and wheat. Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.