

feed **A CROWD**

FAMILY MEALS

8 pc serves 4 -- 12 pc serves 6

8 PC TENDERS

2 LARGE SIDES & 4 BISCUITS

\$28.99 3420-5060 CAL

CHICKEN ONLY **\$15.99** 2170 CAL

8 PC MIXED CHICKEN

2 LARGE SIDES & 4 BISCUITS

\$28.99 4750-6390 CAL

CHICKEN ONLY **\$15.99** 3500 CAL

8 PC FISH FILLETS

2 LARGE SIDES & 4 BISCUITS

\$34.99 4030-5660 CAL

FISH ONLY **\$23.99** 2770 CAL

12 PC TENDERS

3 LARGE SIDES & 6 BISCUITS

\$40.99 5130-7580 CAL

CHICKEN ONLY **\$22.99** 3250 CAL

12 PC MIXED CHICKEN

3 LARGE SIDES & 6 BISCUITS

\$40.99 7130-9580 CAL

CHICKEN ONLY **\$22.99** 5250 CAL

12 PC FISH FILLETS

3 LARGE SIDES & 6 BISCUITS

\$53.99 6040-8490 CAL

FISH ONLY **\$35.99** 4160 CAL

DIPPING SAUCE

\$.59 /ea.

Buffalo Sauce 50 cal

Cocktail Sauce 60 cal

Honey Mustard 190 cal

Ranch Dressing 240 cal

Sassy Sauce 220 cal

Sweet & Sour 60 cal

Sweet N' Smokey BBQ 70 cal

Tartar Sauce 160 cal

ARE YOU 100% SATISFIED?



GIVE US YOUR FEEDBACK!
CONNECT WITH US!
GET GREAT DEALS!

www.ChampsChicken.com/connect

Each Champs Chicken location is independently owned & operated.

For more information on owning your own Champs Chicken franchise location, call (888) 581-9188.

TAKEOUT *Mehu*



Northdale Oil

300 W Nokomis St
Osakis, MN 56360

(320) 859-4885



box
includes
French Fries
& **Sassy Sauce**

*side substitution, add \$1.00

SIDES

Classic Regular **\$2.59** | Large **\$5.99**

French Fries 330//1000 cal
Potato Wedges 260//780 cal

Premium Regular **\$2.79** | Large **\$6.49**

*Mac & Cheese 190//580 cal
*Mashed Potatoes 170//530 cal
*Sweet Corn 210//630 cal
*Green Beans 60//190 cal

make it a **big box** add **\$3.00**

Add 1 Reg. Side Item & Biscuit
280-550 cal

CHICKEN boxes

THE REAL CHAMP

1
Box **\$7.49** 1020 cal
Sandwich Only **\$5.49** 690 cal



2 PC Tenders

Box **\$6.49** 880 cal
Chicken Only **\$4.49** 540 cal

3 PC Tenders

Box **\$7.99** 1040 cal
Chicken Only **\$5.99** 700 cal

8 PC Dippers

Box **\$6.99** 950 cal
Chicken Only **\$4.99** 620 cal



SEAFOOD boxes

5 **2 pc FISH**
Box **\$8.49** 1030 cal
Fish Only **\$6.49** 690 cal

6 **6 pc SHRIMP**
Box **\$8.49** 970 cal
Shrimp Only **\$6.49** 630 cal

bone-in CHICKEN boxes

WHITE (BREAST & WING)
7 **2 pc CHICKEN**
Box **\$7.99** 1380 cal
Chicken Only **\$5.49** 1040 cal

DARK (THIGH & LEG)
8 **2 pc CHICKEN**
Box **\$7.49** 1050 cal
Chicken Only **\$4.99** 710 cal



dipper **BOWL** **\$6.99**
630 cal

DIPPERS • MASHED POTATOES • CORN • GRAVY • CHEESE

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.



Your Morning breakfast *Never Looked* **SO GOOD**

**BREAKFAST
SERVED
UNTIL 10 A.M.**



1 Sausage Biscuit or Croissant

w/ Egg & Cheese **\$4.59** 640-720 cal
No Egg & Cheese **\$3.49** 390-470 cal



2 Bacon Biscuit or Croissant

w/ Egg & Cheese **\$4.59** 620-700 cal
No Egg & Cheese **\$3.49** 370-450 cal



3 Ham Biscuit or Croissant

w/ Egg & Cheese **\$4.59** 510-590 cal
No Egg & Cheese **\$3.49** 260-340 cal



4 Biscuits & Gravy

Full Order **\$4.99** 750 cal



5 3 Meat Biscuit or Croissant

w/ Egg & Cheese **\$5.69** 850-930 cal



6 Breakfast Burrito

Bacon, Sausage, **\$4.99** 760 cal
Sausage Gravy & Egg

CUSTOM ALL GROUP MENU VB \$1 SUB CHARGE.

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION										
Item Description		Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
VALUE BOXES	Chicken Sandwich Box	1020	57	10	0	90	2670	91	2	12	10	37	x	x						x	x		
	2 pc Chicken Tender Box	880	60	11	0	85	2290	57	< 1	3	2	31	x	x						x	x		
	3 pc Chicken Tender Box	1040	67	12	0	125	2880	67	1	4	2	45	x	x						x	x		
	8 pc Dipper Box	950	61	10	0	130	2550	59	< 1	3	2	45	x	x						x	x		
	2 pc Fish Fillet Box	1030	73	14	0	95	3070	63	< 1	3	2	36	x	x	x			x		x	x		
	6 pc Shrimp Box	970	70	13	0	20	2120	73	2	11	3	16	x	x		x				x	x		
	2 pc Chicken Box White Meat	1380	92	23	0	245	3130	72	1	1	0	71			x					x	x		
	2 pc Chicken Box Dark Meat	1050	70	17	0	175	2340	57	< 1	< 1	0	51			x					x	x		
	Dipper Bowl	630	30	14	0	90	1540	46	4	12	5	31			x				x	x	x		
VALUE BOX INCLUDES	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x	x		
PROTEIN ONLY	Premium Chicken Sandwich Original	690	35	6	0	90	2050	57	2	12	10	34	x	x						x	x		
	2 pc Chicken Tenders	540	38	6	0	85	1670	24	< 1	3	2	28	x	x						x	x		
	3 pc Chicken Tenders	700	45	7	0	125	2260	34	1	3	2	42	x	x						x	x		
	8 pc Chicken Dippers	620	40	6	0	130	1940	25	< 1	3	2	42	x	x						x	x		
	2 pc Fish Fillet	690	51	9	0	95	2460	30	< 1	3	2	33	x	x	x			x				x	
	6 pc Shrimp	630	48	8	0	20	1510	40	2	11	3	14	x	x		x				x	x		
	2 pc Chicken White (Breast/Wing Image)	1040	70	18	0	245	2510	39	1	< 1	0	60			x					x	x		
	2 pc Chicken Dark (Thigh/Leg Image)	710	48	13	0	175	1670	22	< 1	< 1	0	48			x					x	x		
ADD-ON ITEMS	Make it a Big Box (+ Reg Side & Biscuit)	280 - 550	14 - 32	6 - 12	0	0 - 25	730 - 1690	32 - 60	< 1 - 3	1 - 26	0 - 18	3 - 11	x	x			x			x	x		
	Reg Side Item Substitution	0	0	0	0	0	0	0	0	0	0	0											
OMGS ONLY	1 pc Chicken Tender	160	7	1	0	40	590	10	0	0	0	14			x					x	x		
	1 pc Shrimp	70	4	1	0	0	170	6	0	1	0	2				x				x	x		
	1 pc Buttermilk Biscuit	220	10	5	0	0	620	27	< 1	< 1	0	3			x					x	x		
	1 pc Chicken Breast	810	54	14	0	190	1950	31	< 1	< 1	0	53			x					x	x		
	1 pc Chicken Thigh	480	33	9	0	120	1150	15	0	0	0	33			x					x	x		
	1 pc Chicken Leg	230	16	4	0	60	510	7	0	0	0	16			x					x	x		
	1 pc Chicken Wing	230	15	4	0	55	560	8	0	0	0	15			x					x	x		
	Pulled Pork Sandwich	880	59	16	0	115	3080	48	1	13	10	39	x	x						x	x		
SMALL SIDES	1 pc Fish Fillet	460	37	7	0	50	1470	17	< 1	3	2	17	x	x	x				x			x	
	French Fries	330	22	4.5	0	0	620	33	0	0	0	3								x	x		
	6-10 pc Seasoned Potato Wedges	260	9	1	0	0	1070	41	0	2	0	5											
	Macaroni & Cheese	190	9	6	0	25	840	19	< 1	2	0	8	x	x							x	x	
	Mashed Potatoes & Gravy	170	8	7	0	20	540	6	1	2	< 1	3			x						x	x	
	Sweet Corn	210	10	3.5	0	0	170	28	2	10	5	3							x		x	x	
	Green Beans	60	3.5	1.5	0	< 5	530	5	1	2	0	2											
	Cinnamon Apples	220	10	3.5	0	< 5	110	33	< 1	27	18	0						x					
LARGE SIDES	French Fries	1000	65	14	0	0	1840	99	0	< 1	0	8									x	x	
	18-20 pc Seasoned Potato Wedges	780	28	3	0	0	3210	122	0	6	0	14											
	Macaroni & Cheese	580	28	17	0	80	2520	57	2	5	0	25	x	x							x	x	
	Mashed Potatoes & Gravy	530	26	23	1	60	1680	17	4	5	2	10			x						x	x	
	Sweet Corn	630	29	10	0	0	510	85	7	30	14	10							x		x	x	
	Green Beans	190	11	4	0	10	1600	15	4	6	0	5											
	Cinnamon Apples	650	31	11	0	15	330	100	3	80	53	1							x				
FAMILY MEALS	8 pc Tenders Family Meal	3420 - 5060	213 - 322	50 - 86	0.5 - 2	350 - 510	9840 - 15590	219 - 446	7 - 22	18 - 177	8 - 115	127 - 174	x	x					x	x	x		
	8 pc Chicken Tenders Only	2170	152	24	0.5	350	6690	64	3	12	8	112	x	x							x	x	
	12 pc Tenders Family Meal	5130 - 7580	320 - 483	74 - 129	1 - 3	520 - 760	14760 - 23390	329 - 669	11 - 33	27 - 265	13 - 172	191 - 261	x	x						x	x	x	
	12 pc Chicken Tenders Only	3250	227	36	1	520	10040	141	5	19	13	168	x	x							x	x	
	8 pc Mixed Chicken Family Meal	4750 - 6390	296 - 407	88 - 124	0 - 1.5	840 - 1000	11510 - 17260	246 - 474	8 - 22	9 - 167	0 - 106	247 - 294	x	x						x	x	x	
	8 pc Mixed Chicken Only	3500	236	62	0	840	8360	122	4	3	0	232	x	x							x	x	
	12 pc Mixed Chicken Family Meal	7130 - 9580	447 - 610	132 - 186	0 - 2	1260 - 1500	17260 - 25900	370 - 711	12 - 33	13 - 251	0 - 159	371 - 441	x	x						x	x	x	
	12 pc Mixed Chicken Only	5250	354	94	0	1260	12540	182	6	5	0	349	x	x							x	x	
	8 pc Fish Family Meal	4030 - 5660	266 - 375	63 - 99	0.5 - 2	370 - 530	12970 - 18730	243 - 471	8 - 22	18 - 176	8 - 115	146 - 193	x	x	x					x	x	x	
	8 pc Fish Fillets Only	2770	205	38	0.5	370	9820	119	4	12	8	131	x	x	x						x	x	
	12 pc Fish Family Meal	6040 - 8490	399 - 563	95 - 149	1 - 3	555 - 795	19460 - 28090	365 - 706	12 - 33	27 - 265	13 - 172	219 - 289	x	x	x						x	x	
	12 pc Fish Fillets Only	4160	307	56	1	555	14730	178	6	18	13	197	x	x	x						x	x	
DIPPING CUPS	Buffalo Dipping Cup	50	4.5	0.5	0	0	1050	1	0	0	0	0											
	Cocktail Dipping Cup	60	0.5	0	0	0	410	13	< 1	8	7	< 1								x	x		
	Honey Mustard Dipping Cup	190	17	2.5	0	10	330	12	0	11	11	0	x										
	Ranch Dressing Dipping Cup	240	25	4	0	10	260	3	0	3	2	< 1	x										
	Sassy Sauce Dipping Cup	220	24	3.5	0	10	490	3	0	3	2	< 1	x	x									x
	Sweet & Sour Dipping Cup	60	0	0	0	0	310	14	0	11	11	0											
	Sweet N' Smokey BBQ Dipping Cup	70	0	0	0	0	330	18	< 1	17	13	0											
	Tartar Sauce Dipping Cup	160	15	2.5	0	20	280	7	0	6	6	0	x										

BREAKFAST MENU

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION										
Item Description		Cal (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Total Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame
BREAKFAST LINE 1	Sausage, Egg, & Cheese Sandwich	640 - 720	46 - 50	17 - 21	0	445	880 - 1670	29 - 37	0 - < 1	4 - 5	< 1 - 3	25	x		x					x	x		x
	Bacon, Egg, & Cheese Sandwich	620 - 700	43 - 48	16 - 20	0	445	1190 - 1980	28 - 36	0 - < 1	4 - 5	< 1 - 3	32	x		x					x	x		x
	Ham, Egg, & Cheese Sandwich	510 - 590	31 - 36	12 - 16	0	430	890 - 1680	29 - 37	0 - <														